



European Society of Regional Anaesthesia  
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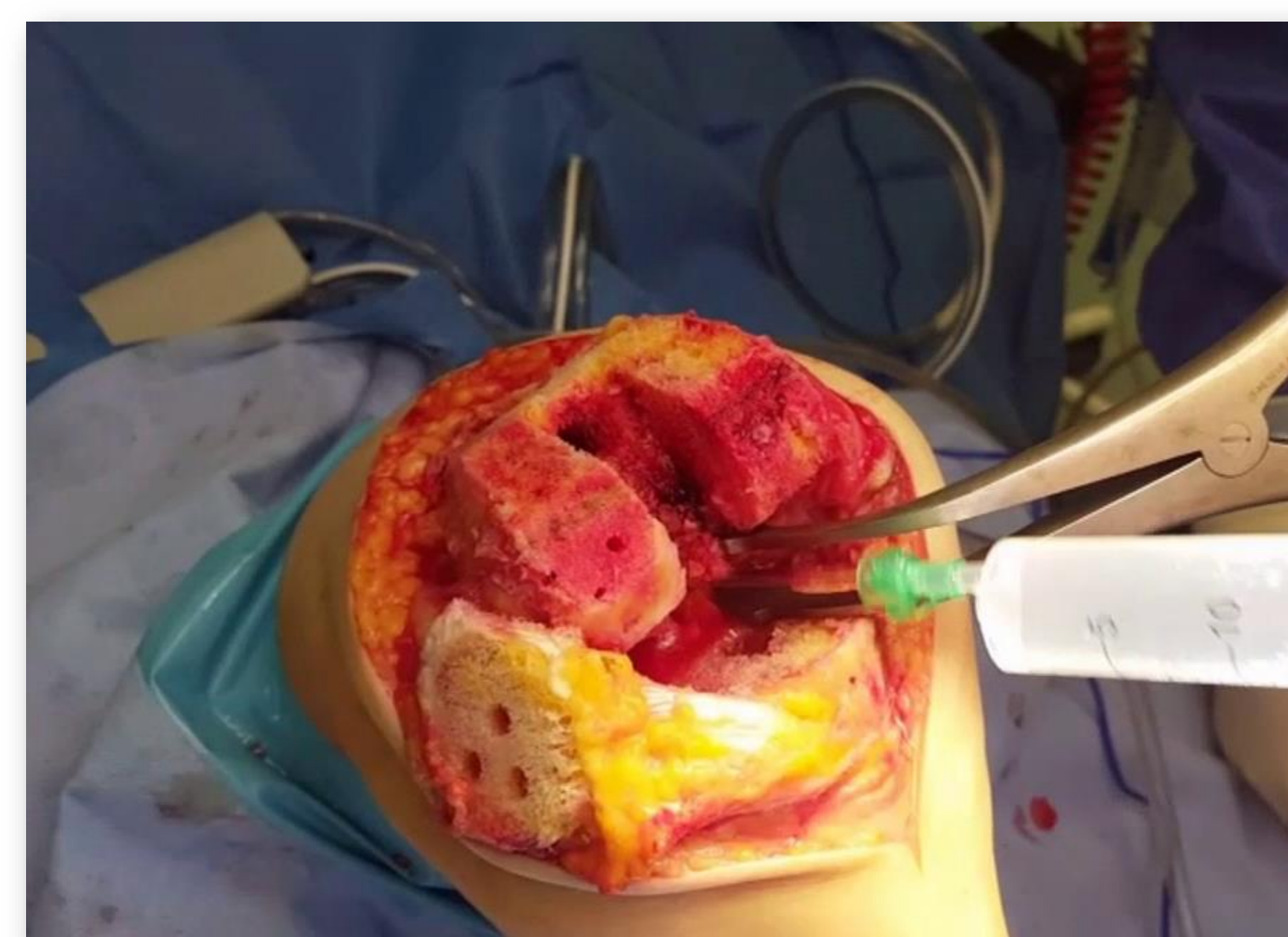
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# ESRA Hellas One – Day Monothematic Meeting

## Perioperative Analgesia:

Surgical Wound Catheter Techniques  
& Peripheral Nerve Blocks  
Current Update



**Saturday, 29 September 2018**

Small Auditorium – Lectures Hall,  
«Aretaieion» University Hospital, Athens, GREECE

**Under the Auspices of**

A' Anaesthesiology Clinic, Pain Therapy & Palliative Care Centre,  
Faculty of Medicine, National & Kapodistrian University of Athens, GREECE

**ORGANIZATION: ESRA Hellas Board**

**Register Soon – Limited Number of Participants !!!**

[www.esrahellas.gr](http://www.esrahellas.gr)





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**ESRA Hellas**

**[Greek Section of ESRA – Zone of Greece & Cyprus]**

12, Grigoriou Theologou Street, Athens, PC 11471, GREECE

Tel & Fax +30 210 7286169, Cell Phone +30 6984506866

Email: [info@esrahellas.gr](mailto:info@esrahellas.gr), [anais@aretaieio.uoa.gr](mailto:anais@aretaieio.uoa.gr)

**Organization: ESRA Hellas**

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### WELCOME MESSAGE

Dear Colleagues, Dear Friends

The Directory Board of ESRA Hellas (Greek Section of European Society of Regional Anaesthesia & Pain Therapy – ESRA, Zone of Greece and Cyprus) has the pleasure and honour to invite you to a One – Day Monothematic Meeting that will be organized in Athens, Greece, on Saturday 29 September 2018, under the title: *«Perioperative Analgesia: Surgical Wound Catheter Techniques & Peripheral Nerve Blocks – Current Update»*.

Continuous LAs infusion, via catheters placed directly into the surgical wound, although an old and well accepted method of perioperative analgesia, remains a promising method for the management of postoperative pain, that is characterized by a continuous revival the latest years. It's a simple, easy, low – risk and safe technique, that contributes in a reduction of perioperative opioids use, whereas it represents a useful alternative during multimodal approach of surgical patients and application of enhanced recovery programs after surgery.

In this context, with the organization of this scientific meeting, our basic goal is the interactivity between trainees and experts in RA, the discussion of innovative or reviving regional analgesia techniques, as well as the combination of theoretical knowledge with clinical methodology and practice in relation to perioperative pain management.

The registration to this ESRA Hellas Monothematic Meeting is complimentary for all Greek colleagues, by the ESRA Hellas Directory Board. The only prerequisite for participation in this scientific event is the registration in ESRA or the renewal of ESRA Registration (ESRA – ESRA Hellas Joint Membership) of all attendees, for the year 2018.

Following the footsteps of ESRA Hellas previous successful meetings, we invite you to participate with the same spirit of enthusiasm and to contribute in our mission fulfillment.

**Erifyli Argyra**  
ESRA Hellas President

**Eleni Moka**  
ESRA Hellas General Secretary





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## Perioperative Analgesia:

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### **ATHENS**

Small Auditorium – Lectures Hall

«Aretaieion» University Hospital

76, Vassilisis Sofias Street, Athens, PC 11526, GREECE

#### **Under the Auspices of**

A' Anaesthesiology Clinic – Pain Relief & Palliative Care Centre

Faculty of Medicine, National & Kapodistrian University of Athens, GREECE

Director: Professor I. Siafaka

#### **Registration is Free for Participants**

The only prerequisite for participation is

Registration or Renewal of Registration in ESRA for 2018

(ESRA – ESRA Hellas Joint Membership)

#### **Information – Registrations**

ESRA Hellas Secretariat (Mrs Evanthia Vlamopoulou)

#### **Email**

info@esrahellas.gr

anais@aretaieio.uoa.gr

#### **Contact Telephone Numbers**

+30 2107286169

+30 6984506866



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# SCIENTIFIC PROGRAM





## Perioperative Analgesia:

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**Saturday, 29 September 2018**

08.30 – 09.00: **VENUE – ARRIVALS – REGISTRATIONS**

09.00 – 09.15: **WELCOME ADDRESSES**

E. Argyra: ESRA Hellas President

I. Siafaka: ESRA Hellas Honorary President

A. Vadalouca: ESRA Hellas Honorary President, ESRA Past President

G. Polymeneas: Professor of Surgery & Vice Dean, Athens University

09.15 – 09.45: **INTRODUCTORY LECTURE**

**Continuous Wound Infusion Techniques: What is the Evidence in Perioperative Pain Management?**

Chairpersons: E. Argyra, E. Moka

Speaker: A. Borgeat

09.45 – 11.30: **ROUND TABLE DISCUSSION**

**Surgical Wound Catheters: Comparison with CNBs or iv Systemic Analgesia**

Chairpersons: E. Argyra, T. Theodosopoulos

**Application in Abdominal – Abdominal Wall Surgery**

Speaker: P. Papacharalambous

**Are They Indicated in CS & Gynaecological Surgery?**

Speaker: K. Theodoraki

**Do They Have a Place in Breast Surgery?**

Speaker: N. Fyrfiris

**What is Their Role in Cardiothoracic Surgery?**

Speaker: P. Rellia

*Commentators:* I. Siafaka, E. Vrachnou





## Perioperative Analgesia:

### Surgical Wound Catheter Techniques & Peripheral Nerve Blocks – Current Update

**Saturday, 29 September 2018**

**11.30 – 12.00: COFFEE BREAK**

**12.00 – 13.45: CASE PRESENTATION FROM THE OPERATING ROOM**

**Application of Surgical Wound Catheter  
in a Patient Undergoing Abdominal Hernia Repair**

Operating Room: G. Polymeneas, K. Theodoraki, T. Theodosopoulos  
Commentators in Amphitheatre: E. Argyra, K. Theodoraki

**13.45 – 14.30: LUNCH BREAK**

**14.30 – 16.15: ROUND TABLE DISCUSSION**

**Wound Catheters Infusion Techniques or PNBs  
in Orthopaedic Surgery?**

Chairpersons: E. Arnaoutoglou, C. Chantzi

**Upper Limb Orthopaedic Surgery**

Speaker: A. Rantis

**Hip Surgery**

Speaker: V. Fyntanidou

**Total Knee Arthroplasty**

Speaker: A. Makris

**The Orthopaedic Surgeon Opinion**

Speaker: A. Zimbis

*Commentators:* I. Katrambasas, G. Stamatiou

**16.15 – 16.45: COFFEE BREAK**





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**16.45 – 18.30:**

### ROUND TABLE DISCUSSION

**Surgical Wound Catheters: What is Important in Clinical Practice?**

Chairpersons: G. Stamatiou, A. Trikoupi

**Elastomeric Pumps & Catheters Technical Characteristics**

Speaker: T. Paraskevopoulos

**Complications of Surgical Wound Catheters**

Speaker: M. Varveri

**Analgesic Mixture Selection:**

**Which Drug, Which Dose, Which Concentration?**

Speaker: E. Stavropoulou

**Local Anaesthetics In Situ Toxicity**

Speaker: E. Moka

*Commentators:* E. Antonopoulou, P. Zavridis

**18.30 – 19.00:**

### QUESTIONS – COMMENTS – DISCUSSION – CONCLUSION





# Surgical Wound Catheter Techniques & Peripheral Nerve Blocks – Current Update

# Saturday, 29 September 2018





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## Perioperative Analgesia: Surgical Wound Catheter Techniques & Peripheral Nerve Blocks – Current Update

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### ORGANIZERS – SPEAKERS – CHAIRPERSONS – INSTRUCTORS – COMMENTATORS

**Antonopoulou Elpida, MD, EDRA**

Consultant Anaesthesiologist, NHS Coordinator – Director, Responsible for Pain Therapy Centre, ESRA Hellas Board Member, Anaesthesiology Department – Pain Therapy Centre, General Hospital of Xanthi, Xanthi, Greece

**Argyra Erifyli, MD, PhD, EDRA**

Professor of Anaesthesiology, Faculty of Medicine, National & Kapodistrian University of Athens, Greece, ESRA Hellas President, EDRA Examiner, Athens, Greece

**Arnaoutoglou Elena, MD, PhD**

Professor of Anaesthesiology, Faculty of Medicine, University of Thessaly, Greece, Director of Anaesthesiology Clinic, University General Hospital of Larissa, Larissa, Greece

**Borgeat Alain, MD, PhD, EDRA**

Professor of Anaesthesiology, EDRA Board Past President, Balgrist Orthopaedic University Hospital, Zurich, Switzerland

**Chantzi Christina, MD, PhD**

Consultant Anaesthesiologist, NHS Director, Anaesthesiology Department, General Hospital of Athens «G. Gennimatas», Athens, Greece

**Fyntanidou Varvara, MD, PhD**

Consultant Anaesthesiologist, ESRA Hellas Board Member, Anaesthesiology Clinic, Faculty of Medicine, Aristotle University of Thessaloniki, Greece, «AHEPA» University Hospital, Thessaloniki, Greece

**Fyrfiris Nikos, MD**

Consultant Anaesthesiologist, Anaesthesiology Department – Pain Therapy Centre, Anticancer & Oncology Hospital of Athens «Saint Savvas», Athens, Greece

**Katrambasas Ioannis, MD**

Consultant Orthopaedic Surgeon, B' Orthopaedic Surgery Clinic, General Hospital «Asklepieion Voulas», Athens, Greece

**Makris Alexandros, MD, PhD, MSc, EDRA**

Consultant Anaesthesiologist, EDRA Examiner, ESRA Hellas Treasurer, Anaesthesiology Department, General Hospital «Asklepieion Voulas», Athens, Greece

**Moka Eleni, MD, PhD, MSc, EDRA**

Consultant Anaesthesiologist, ESRA & EDRA Board Member, EDRA Examiner, ESRA Hellas General Secretary, Head of Anaesthesiology Department, Creta InterClinic Hospital (Private Sector), Heraklion, Crete, Greece

**Papacharalambous Panagiota, MD, PhD**

Consultant Anaesthesiologist, Fellow of National & Kapodistrian University of Athens, Greece, B' Surgical Clinic of Athens University, «Aretaieion» University Hospital, Athens, Greece

**Paraskevopoulos Tilemachos, MD, PhD**

Consultant Anaesthesiologist, Anaesthesiology Department – Pain Therapy Centre, General Hospital of Attiki «KAT», Athens, Greece

**Polymeneas Georgios, MD, PhD**

Professor of General Surgery, Faculty of Medicine, National & Kapodistrian University of Athens, Greece, Vice Dean of National & Kapodistrian University of Athens, Greece, Director of B' Surgical Clinic of Athens University, «Aretaieion» University Hospital, Athens, Greece

**Rantis Athanasios, MD**

Consultant Anaesthesiologist, Anaesthesiology Department, 251 General Air Forces Hospital (251 – GNA), Athens, Greece

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**Rekatsina Martina, MD, MSc**

Resident in Anaesthesiology, Greek Residents & Trainees Representative in ESA & ESRA,  
A' Anaesthesiology Clinic, Pain Therapy & Palliative Care Centre, National & Kapodistrian University of Athens, Greece,  
«Aretaieion» University Hospital, Athens, Greece

**Rellia Panagiota, MD, PhD**

Consultant Anaesthesiologist, Deputy Director, Anaesthesiology Sector – Heart Transplant Unit,  
Onassis Cardiac Surgery Centre (OCSC), Athens, Greece

**Siafaka Ioanna, MD, PhD**

Professor of Anaesthesiology & Pain Therapy, Faculty of Medicine, National & Kapodistrian University of Athens, Greece,  
ESRA Hellas Honorary President, Vice President of PARHSYA,  
Director of A' Anaesthesiology Clinic, Pain Therapy & Palliative Care Centre,  
«Aretaieion» University Hospital, Athens, Greece

**Stamatiou Georgia, MD, PhD**

Assistant Professor of Anaesthesiology, Faculty of Medicine, University of Thessaly,  
Director of Anaesthesiology Department, «IASO» of Thessaly (Private Sector), Larissa, Greece

**Stavropoulou Evmorfia, MD, PhD, EDRA**

Consultant Anaesthesiologist, NHS Director, ESRA Hellas Vice President, Member of the Directory Board of PARHSYA,  
Anaesthesiology Department – Pain therapy Centre, General Hospital of Attiki «KAT», Athens, Greece

**Theodoraki Kassiani, MD, PhD, DEAA**

Associate Professor of Anaesthesiology, Faculty of Medicine, National & Kapodistrian University of Athens, Greece,  
ESRA Hellas Specific Issues Secretary, ESRA Councilor for Greece,  
A' Anaesthesiology Clinic, Pain Therapy & Palliative Care Centre, «Aretaieion» University Hospital, Athens, Greece

**Theodosopoulos Theodosios, MD, PhD**

Associate Professor of General Surgery, B' Surgical Clinic, Faculty of Medicine, National & Kapodistrian University,  
Athens, Greece, «Aretaieion» University Hospital, Athens, Greece

**Trikoupi Anastasia, MD, PhD**

Consultant Anaesthesiologist, NHS Coordinator – Director, Anaesthesiology Clinic,  
General Hospital of Thessaloniki «G. Papanikolaou», Thessaloniki, Greece

**Vadalouca Athina, MD, PhD, FIPP**

Associate Professor of Anaesthesiology, Pain Therapy & Palliative Care, Faculty of Medicine,  
National & Kapodistrian University of Athens, Greece, President of PARHSYA, WIP Honorary Secretary, President of EuLAP,  
ESRA Past President, ESRA Hellas Honorary President, Athens, Greece

**Varveri Marianna, MD, PhD**

Consultant Anaesthesiologist, Anaesthesiology Clinic, General Hospital of Thessaloniki «Papageorgiou», Thessaloniki, Greece

**Vrachnou Evnomia, MD**

Consultant Anaesthesiologist, NHS Director, General Secretary of PARHSYA,  
Anaesthesiology Department – Pain Therapy Centre, Anticancer and Oncology Hospital of Athens «Saint Savvas»,  
Daily Hospitalization Centre «Nikos Kourkoulos», Athens, Greece

**Zavridis Periklis, MD, MSc**

Consultant Anaesthesiologist, Representative of Cyprus in ESRA Hellas Board, Nicosia, Cyprus

**Zimbis Aristeidis, MD, PhD**

Consultant Orthopaedic Surgeon, Assistant Professor of Anatomy, Faculty of Medicine, University of Thessaly, Larissa, Greece

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