

# Balgrist Symposium: Farewell Prof. A. Borgeat

Dear Colleagues

Endorsed by ESRA (European Society of Regional Anaesthesia and Pain Medicine) and SARA (Swiss Association of Regional Anaesthesia and Analgesia) it is our great pleasure to invite you to the Farewell Symposium of Prof. Dr. med. Alain Borgeat after his thrilling career devoted mainly to regional anaesthesia and 20 years as Head of the Anaesthesia Department at the Balgrist University Hospital in Zurich. On the occasion of his retirement the time has come to look back and honour his many achievements not only in regional anaesthesia but also in intravenous general anaesthesia and in pain medicine.

Many experts and companions of Prof. Borgeat will not only remember his contributions but also look forward and give an actual overview of different topics in above mentioned fields.

Don't miss the chance to be up to date on hot discussed topics, to listen to tips and tricks how to interpret muscle twitch during double guidance and to discover why perineural catheters for continuous regional anaesthesia and analgesia were so successful tools during many years even without ultrasound guidance.

In a "Second Opinion" session a balanced pro-con discussion will shed light on the controversial topic of abdominal wall blocks and we will cover several hot topics in pain medicine during the pain session Saturday morning. Finally, it is up to you to choose four ultrasound workshops among ten topics to practice and learn from experts Saturday afternoon.

It would be our pleasure to share these one and a half days with Regional Anaesthesia and Pain Medicine enthusiasts like you together with the international faculty and to honour the lifetime contribution of Prof. Borgeat to regional anaesthesia and pain medicine.

Don't miss the opportunity to learn from the past and understand the future!

Prof. Dr. med. U. Eichenberger

PD Dr. med. J. Aguirre, MSc

# Day 1 - Friday, May 24, 2019

## Welcome

13:00 Prof. Dr. med. M. Farshad, Medical Director Balgrist University Hospital  
Prof. Dr. med. U. Eichenberger, Head of Department of Anaesthesia,  
Intensive Care and Pain Therapy, Balgrist University Hospital

## Introduction, Laudatio, Honorary Lecture and Podcast

- |       |                                                                         |                                                                                                 |
|-------|-------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|
| 13:10 | The impact of the interscalene block<br>on 20 years of shoulder surgery | Prof. em. Dr. med.<br>Ch. Gerber, former<br>Medical Director of<br>Balgrist University Hospital |
| 13:40 | Achievements in regional anaesthesia                                    | Dr. Eleni Moka, PhD (GRE),<br>ESRA Treasurer,<br>ESRA Representative                            |
| 14:00 | The history of regional anaesthesia                                     | Prof. Dr. med. A. Borgeat                                                                       |
| 14:20 | Tips and tricks for<br>neurostimulation (Podcast)                       | Prof. Dr. med. A. Borgeat                                                                       |
| 14:30 | <i>Coffee break</i>                                                     |                                                                                                 |



SWISS ASSOCIATION OF REGIONAL ANAESTHESIA AND ANALGESIA



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ANAESTHESIA & PAIN THERAPY**

## Day 1 - Friday, May 24, 2019

### Lectures

|       |                                                                 |                                    |
|-------|-----------------------------------------------------------------|------------------------------------|
| 15:00 | Local anaesthetics and their impact on inflammation and cancer  | Prof. Dr. med.<br>B. Beck-Schimmer |
| 15:20 | Evolution of blocks for the upper extremity                     | PD Dr. med. S. Blumenthal          |
| 15:40 | Evolution of blocks for the lower extremity                     | PD Dr. med. J. Aguirre             |
| 16:00 | Ultrasound and regional anaesthesia: is there a real advantage? | Prof. Dr. med. U. Eichenberger     |
| 16:20 | Principles of safe practice in paediatric regional anaesthesia  | Dr. med. M. Jöhr                   |
| 16:40 | Regional anaesthesia in the diabetic patient                    | PD Dr. med. E. Albrecht            |

### Second Opinion

|       |                                                                                                                                                                                                                                               |                                                                                                             |
|-------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|
| 17:00 | Should we use abdominal wall blocks? <ul style="list-style-type: none"><li>• Anatomy</li><li>• Abdominal wall blocks: for which patient, for what surgery?</li><li>• Second opinion</li><li>• Final statement/voices from the floor</li></ul> | PD Dr. med. J. Aguirre<br>Dr. med. M. Robertson<br>Prof. Dr. med. U. Eichenberger<br>PD Dr. med. J. Aguirre |
| 17:30 | Closing remarks                                                                                                                                                                                                                               | PD Dr. med. J. Aguirre                                                                                      |

**17:30 – 18:30 Apéro riche & Networking**

## Day 2 - Saturday, May 25, 2019

08:30 Registration/Coffee

09:00 Welcome to the second day

PD Dr. med. J. Aguirre

### *Lectures*

#### **Chronic Pain**

09:10 Neurobiological basis of multimodal therapy for postoperative pain

Dr. med. G. Votta-Velis, PhD

09:30 Cannabinoids for chronic pain therapy

PD Dr. med. K. Maurer

09:50 The use of ketamine for neuropathic pain

Prof. Dr. med. A. Borgeat

#### **Regional Anaesthesia**

10:10 Central blocks for thoracic surgery in the 21st century

Dr. med. E. Moka, PhD

10:30 Analgesedation for regional anaesthesia: the state of the art

Dr. med. L. Barvais, PhD

10:50 The real value of the « new » short acting local anaesthetics

PD Dr. med. A. Saporito, MHA

10:10 *Coffee break*

#### **Short updates in regional anaesthesia**

11:40 Complications of regional anaesthesia: what are the real numbers?

PD Dr. med S. Blumenthal

11:50 Novelties for obstetrics or still only central blocks?

Dr. med. M. Robertson

12:00 Local anaesthetic systemic toxicity (LAST) and lipid emulsion

Dr. med. B. Rupnik

12:10 Regional anaesthesia and pre-existing neurological diseases: do it or not - what's the evidence?

Prof. Dr. med. A. Borgeat

12:20 Closing remarks

Prof. Dr. med. U. Eichenberger

12:30 *Lunch*

## Day 2 - Saturday, May 25, 2019

### Hands on us regional anaesthesia workshop

13:30 Practical ultrasound workshops on live models

15:00 *Coffee break*

15:30 Practical ultrasound workshops on live models

Each participant ranks his preferred 6 topics from 1-6 (1 = first choice, 6 = last choice). Four workshops (45 min duration each) can be visited. We have no more than 5 participants per tutor and ultrasound machine.

We try to respect individual needs and form new groups for each single workshop and provide an individual rotation plan.

You will reach more information about the planing of the workshops and the personal workshop-plan after your registration by Mrs. Gasser.

1. Shoulder surgery: Interscalene and other important nerves
2. Hand and elbow surgery: supra- and infraclavicular blocks
3. Hand and elbow surgery: axillary and rescue blocks
4. Knee surgery: femoral nerve block and additional possibilities
5. Knee Surgery: approaches to the sciatic nerve
6. Foot surgery: Popliteal block and proximal saphenous nerve block
7. Foot surgery: distal nerve blocks for experts
8. Abdominal wall and thoracic wall: what should you know?
9. Central blocks and paravertebral block
10. Paediatric regional anaesthesia: Tips from the expert with a child model

### Our Tutors for the Workshops

PD Dr. med. J. Aguirre, Zurich

PD Dr. med. S. Blumenthal, Zurich

Prof. Dr. med. U. Eichenberger, Zurich

Dr. med. G. Ekatodramis, Zurich

Dr. med. M. Hölzle, Lucern

Dr. med. M. Robertson, Lausanne

Dr. med. B. Rupnik, Zurich

Dr. med. M. Sager, Basel

PD Dr. med. A. Saporito, Bellinzona

Dr. med. M. Sluga, Fribourg

Dr. med. B. Wirthmüller, Bern

## **Organization**

Anaesthesiology Department, Balgrist University Hospital

PD Dr. med. J. Aguirre, MSc, Senior Consultant Anaesthetist

Prof. Dr. med. U. Eichenberger, Head of Department of Anaesthesia,  
Intensive Care and Pain Therapy,

## **Contact and Registration**

Please register for the Symposium and the Workshops latest till the 20th of May by E-Mail to [claudia.gasser@balgrist.ch](mailto:claudia.gasser@balgrist.ch)

Mrs. Claudia Gasser, Assistant to Head of Department of Anaesthesiology  
Secretariat, Department of Anaesthesiology, Balgrist University Hospital  
Forchstrasse 340, 8008 Zurich, Switzerland

Phone: +41 44 386 38 32; E-Mail: [claudia.gasser@balgrist.ch](mailto:claudia.gasser@balgrist.ch)

## **Registration fee**

Registration is free and the breaks are offered. Participants of the workshop will be asked to pay CHF 100 participation fee.

## **Certification of Continuous Education**

The accreditations by SGAR, SGI, SIGA and SGUM have been requested. Confirmation of attendance will be distributed at the end of the symposium.

## **How to reach us**

Tram 11 or S18 from Stadelhofen Station or Tram 11 from Main Station (Zurich HB) until «Balgrist» then follow the labeling to the lecture hall.

There is limited parking space liable to charges. We strongly recommend to join us by public transport.

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**PHILIPS**



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