



European Society of Regional Anaesthesia HELLAS

ANNUAL REGIONAL ANAESTHESIA HANDS – ON WORKSHOPS

Small Auditorium (Lectures Hall), «Aretaieion» University Hospital
Athens, Greece

12th CYCLE

Part I: 18 – 20 October 2019

Part II: 22 – 24 November 2019



The Annual **ESRA Hellas Workshops (Part I & II)** are recognized by the **EDRA Diploma Board** as one of the prerequisites towards the **EDRA Diploma Examinations**.

They are accredited with **32 CME – CPD Credits** by the **Panhellenic Medical Association** and are approved by the **National Drug Organization (EOF)** of Greece and the **Hellenic Association of Pharmaceutical Companies (SFEE)**.

ORGANIZATION: ESRA Hellas

www.esrahellas.gr

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ANNUAL REGIONAL ANAESTHESIA HANDS – ON WORKSHOP 12th CYCLE

Scientific Program Part II

ORGANIZING & SCIENTIFIC COMMITTEE

Chair:

E. Stavropoulou

Members:

E. Antonopoulou

V. Fyntanidou

E. Gkliatis

A. Makris

E. Moka

M. Rekatsina

K. Theodoraki

- Accreditation with 32 CME – CPD Credits (Part I and II) by the Pan – Hellenic Medical Association
- Recognized as a prerequisite towards Exam for EDRA Diploma
- Approved by the National Drug Organization (EOF) of Greece
- Approved by the Hellenic Association of Pharmaceutical Companies (SFEE).

Friday 22.11.2019

14.30 – 15.00	VENUE – REGISTRATIONS: Small Auditorium – Lectures Hall, «Aretaieion» University Hospital			
15.00 – 17.00	LECTURES: SAFETY ISSUES AND TRENDS IN REGIONAL ANAESTHESIA (SMALL AUDITORIUM) Chairs: E. Stavropoulou – E. Moka			
15.00 – 15.30	Local Anaesthetic Systemic Toxicity: What's New?			K. Theodoraki
15.30 – 16.00	Safety Protocols In Regional Anaesthesia: What's New?			P. Merjavy
16.00 – 16.30	Regional Anaesthesia & Difficult Airway: Dilemmas and Clinical Decisions			G. Karpetas
16.30 – 17.00	Neurological Complications of Peripheral Nerve Blocks: Proper Management			A. Douma
17.00 – 17.30	COFFEE BREAK			
17.30 – 19.30	CLINICAL WORKSHOP I: Point of Care Ultrasound WS Leader: E. Antonopoulou			
Instructors	E. Gkliatis	A. Makris	P. Rellia	P. Kouki
Workstations (30min/ Workstation)	<u>WORKSTATION 1</u> Airway	<u>WORKSTATION 2</u> Lungs - Diaphragm	<u>WORKSTATION 3</u> Point of Care US Cardiac Sonography	<u>WORKSTATION 4</u> Point of Care US FAST
	GROUPS			
17.30 – 18.00	A	B	C	D
18.00 – 18.30	B	C	D	A
18.30 – 19.00	C	D	A	B
19.00 – 19.30	D	A	B	C

Saturday 23.11.2019

08.45 – 09.00	VENUE: Small Auditorium – Lectures Hall, «Aretaieion» University Hospital			
09.00 – 09.30	INVITED GUEST'S LECTURE (In English): (SMALL AUDITORIUM) Chairs: E. Moka - A. Makris			
	Anatomy of Lower Limb Plexuses and Nerves			P. Merjavy
09.30 – 11.00	CLINICAL WORKSHOP II: Lower Limb Peripheral Nerve Blocks – Nerves of Lumbar Plexus WS Leader: P. Zavridis			
	ULTRASONOGRAPHIC IDENTIFICATION		ANATOMICAL LANDMARKS, USE OF NEUROSTIMULATION	
Instructors	P. Merjavy	A. Douma	A. Andreou	M. Bareka
Workstations (45min/ Workstation)	<u>WORKSTATION 1</u> Psoas Compartment Block Femoral Nerve Block Fascia Iliaca Compartment Block (FICB)	<u>WORKSTATION 2</u> Adductor Canal Block – Saphenous Nerve Block Obturator Nerve Block Lateral Femoral Cutaneous Nerve Block	<u>WORKSTATION 3</u> Psoas Compartment Block	<u>WORKSTATION 4</u> Femoral Nerve Block Fascia Iliaca Compartment Block (FICB) Obturator Nerve Block Saphenous Nerve Block
	ΟΜΑΔΕΣ			
09.30 – 10.15	A	B	C	D
10.15 – 11.00	B	C	D	A
11.00 – 11.30	COFFE BREAK			
11.30 – 13.00	CLINICAL WORKSHOP II: [Continued]			
	GROUPS			
11.30 – 12.15	C	D	A	B
12.15 – 13.00	D	A	B	C
13.00 – 14.00	LUNCH BREAK			

Saturday 23.11.2019 (Continued)

14.00 – 17.00	CLINICAL WORKSHOP III: Peripheral Lower Limb Nerve Blocks – Nerves of Sacral Plexus WS Leader: E. Antonopoulou			
	ULTRASONOGRAPHIC IDENTIFICATION		ANATOMICAL LANDMARKS, USE OF NEUROSTIMULATION	
Instructors	N. Noulas	E. Koraki	E. Antonopoulou	P. Zavridis
Workstations (45min/ Workstation)	<u>WORKSTATION 1</u> Sciatic Nerve Block Supragluteal Approach Subgluteal Approach Other Approaches	<u>WORKSTATION 2</u> Sciatic Nerve Block In the Popliteal Fossa At the Ankle and Foot Level	<u>WORKSTATION 3</u> Sciatic Nerve Block Supragluteal Approach Subgluteal Approach In the Popliteal Fossa	<u>WORKSTATION 4</u> Peripheral Nerve Blocks At the Ankle Level At the Foot Level
	GROUPS			
14.00 – 14.45	A	B	C	D
14.45 – 15.30	B	C	D	A
15.30 – 16.15	C	D	A	B
16.15 – 17.00	D	A	B	C
17.00 – 17.30	LECTURE – INTERACTIVE DISCUSSION (SMALL AUDITORIUM)			
	Peripheral Lower Limb Nerve Blocks: Procedure – Specific Block Selection [Summing – Up]			A. Makris

Sunday 24.11.2019

08.45 – 09.00	VENUE: Small Auditorium – Lectures Hall, «Aretaieion» University Hospital			
09.00 – 10.45	LECTURES: REGIONAL ANESTHESIA IN SPECIFIC PATIENT GROUPS: (SMALL AUDITORIUM) Chairs: A. Dimakopoulou – V. Fyntanidou			
09.00 – 09.30	Regional Anaesthesia in Obstetrics		P. Matsota	
09.30 – 10.00	Regional Anaesthesia in Cardiovascular Patients		A. Bairaktari	
10.00 – 10.15	Regional Anaesthesia in Patients with Neurological Diseases		E. Chrona	
10.15 – 10.30	Regional Anaesthesia in the Elderly		V. Fyntanidou	
10.30 – 10.45	Regional Anaesthesia in the Obese		M. Papaioannou	
10.45 – 11.15	COFFEE BREAK			
11.15 – 11.45	LECTURES: INTRODUCTION TO PAEDIATRIC REGIONAL ANAESTHESIA: (SMALL AUDITORIUM) Chairs: P. Mammi – K. Theodoraki			
11.15– 11.35	Regional Anaesthesia in the Paediatric Population: Tips and Tricks		A. Dendi	
11.35 – 11.45	Caudal Block in the Paediatric Population		A. Karafotia	
11.45 – 12.45	CLINICAL WORKSHOP IV: Peripheral Nerve Blocks in Children: Clinical Practice on Paediatric Models with Ultrasound Use WS Leader: P. Mammi			
Instructors	E. Gkliatis	D. Oikonomopoulos	E. Garini	N. Noutsos
Workstations (30min/ Workstation)	WORKSTATION 1 Practice on Upper Limb Peripheral Nerve Blocks	WORKSTATION 2 Practice on Upper Limb Peripheral Nerve Blocks	WORKSTATION 3 Practice on Truncal and Lower Limb Peripheral Nerve Blocks	WORKSTATION 4 Practice on Truncal and Lower Limb Peripheral Nerve Blocks
	GROUPS			
11.45 – 12.15	A	B	C	D
12.15 – 12.45	C	D	A	B
12.45 – 13.15	COFFEE BREAK			
13.15 – 14.15	LECTURES: NEW TRENDS IN REGIONAL ANAESTHESIA – WORKSHOP CLOSURE			
13.15 – 13.45	Developments in Regional Anaesthesia – Recently Described Blocks		E. Gkliatis	
13.45 – 14.15	Modern Training Methods In Regional Anaesthesia Using Internet and Social Media		M. Rekatsina	
14.15 – 15.30	SELF – EXAMINATION			

Faculty List (Instructors, Lecturers, Organizers)

Peter Merjavy, MD, PhD, EDRA FRCA, CETC

Consultant Anaesthetist & Acute Pain Lead - Craigavon Area Hospital, Portadown, Northern Ireland, UK, Honorary Senior Lecturer, MSc in Regional Anaesthesia, University of East Anglia, Norwich, UK, EDRA Examiner & EDRA Board Member, SKARA President, NIRAS President

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Senior Consultant Paediatric Anaesthesiologist, Former NHS Director – Coordinator of Anaesthesiology Department, Children's General Hospital «Agia Sophia», Athens, General Manager – Director of Rio Hospital, Patras and General Hospital of Aigion, Greece

Matsota Paraskevi, MD, PhD

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Faculty List (Instructors, Lecturers, Organizers) – Continued

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