



European Society of Regional Anaesthesia **HELLAS**

<http://www.esrahellas.gr>

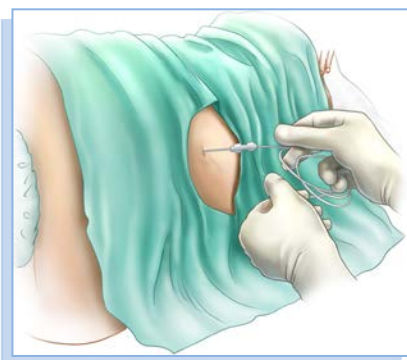
ANNUAL REGIONAL ANAESTHESIA WORKSHOPS (Hands – On Workshops)

1st CYCLE, 2009 – 2010

Part I: 12 – 13 December 2009

Part II: 17 – 18 April 2010

Part III: 5 – 6 June 2010



INFO

The Annual ESRA Hellas Workshops
are accredited by the ESRA Diploma Board
with **3 Credits** towards **ESRA Diploma**
(in a total of 13 necessary)
as well as with **28 CME / UEMS Credits**

ORGANIZATION

ESRA Hellas

www.esrahellas.gr

INFORMATION

ESRA Hellas Secretariat
Mrs Eva Vlamopoulou
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EDUCATIONAL PROGRAM ESRA – Hellas

1^o ANNUAL HANDS – ON REGIONAL ANAESTHESIA WORKSHOP

(Approved & Certified by ESRA Europe Society)

1st CYCLE, 2009 – 2010

Part II

17 – 18 April 2010, Aretaieion University Hospital, Athens, Greece

Saturday 17 April

09.00 – 09.25	Evaluation of 1 st Seminar / Part I – Information on ESRA Diploma			E. Argyra
09.30 – 09.55	Regional Anaesthesia in Obstetrics			I. Siafaka
10.00 – 10.15	Coffee Break			
10.15 – 13.45	Upper Limb Nerve Blocks			
10.15 – 10.40	Anatomy C. Ecoffey: Lecture Theatre – All Groups			
10.45 – 13.45	Distribution to Groups and Hands – On Practice (40 min per Group)			
Instructors	C. Ecoffey	G. Stamatiou I. Serpentinis	Z. Gambopoulou T. Paraskevopoulos	A. Mela
10.45 – 13.45	Station A Plexus Identification with US Practice on Live Model	Station B Interscalene and Supraclavicular Nerve Block with NS Practice on Live Model	Station C Infraclavicular and Axillary Nerve Block NS and Practice on Live Model	Station D Nerve Blocks at Elbow and Upper Limb Periphery NS and Practice on Live Model
10.45 – 11.30	Group A	Group B	Group C	Group D
11.30 – 12.15	Group B	Group C	Group D	Group A
12.15 – 13.00	Group C	Group D	Group A	Group B
13.00 – 13.45	Group D	Group A	Group B	Group C
13.45 – 14.15	Lunch Break			
14.20 – 14.45	Regional Anaesthesia and Anticoagulation: Guidelines			G. Kritharidou
14.45 – 17.00	Nerve Blocks of Anterior Abdominal Wall TAP Block – Ilioinguinal and Iliohypogastric Nerve Block			
14.45 – 15.05	Anatomy Lecture Theatre – All Groups			I. Serpentinis
15.10 – 17.00	Distribution to Groups – Clinical Practice (30 min per Group)			
Instructors	C. Ecoffey	D. Papadopoulos	T. Saranteas	E. Mastrokosta
	Station A US Identification	Station B Landmarks – Practice on Live Model	Station C US Identification	Station D Landmarks – Practice on Live Model
15.10 – 15.40	Group A	Group B	Group C	Group D
15.40 – 16.05	Group B	Group C	Group D	Group A
16.05 – 16.30	Group C	Group D	Group A	Group B
16.30 – 16.55	Group D	Group A	Group B	Group C

Sunday 18 April

09.00 – 09.25	Common Peripheral Nerve Blocks in Children: When and How?			V. Matsiota
09.30 – 11.00	Paravertebral Nerve Block			
09.30 – 09.55	Anatomy Lecture Theatre – All Groups			L. Baltatzi
10.00 – 11.00	Group Distribution – Hands – On Practice (25 min per Group)			
	Identification with Ultrasound	Landmarks Practice on Live Model	Identification with Ultrasound	Landmarks Practice on Live Model
Instructors	T. Saranteas	G. Stamatiou	I. Serpentinis	L. Baltatzi
10.00 – 10.30	Group A	Group B	Group C	Group D
10.30 – 11.00	Group B	Group A	Group D	Group C
11.00 – 11.30 Coffee Break				
11.30 – 11.55	Regional Anaesthesia in Patients with Cardiovascular Disease: Interactive Session / Clinical Senarios			A. Bairaktari
12.00 – 12.25	Regional Anaesthesia in Patient with Preexisting Neurological Disease: Interactive Session / Clinical Senarios			E. Krepi
12.30 – 12.55	Regional Anaesthesia in the Emergency Department: Interactive Session / Clinical Senarios			E. Chrona
13.00 – 13.25	Continuous Peripheral Nerve Blocks for Postoperative Analgesia: When and How?			N. Bernali
13.30 – 14.00	Complications of Regional Anaesthesia			D. Papadopoulos