



European Society of Regional Anaesthesia **HELLAS**

<http://www.esrahellas.gr>

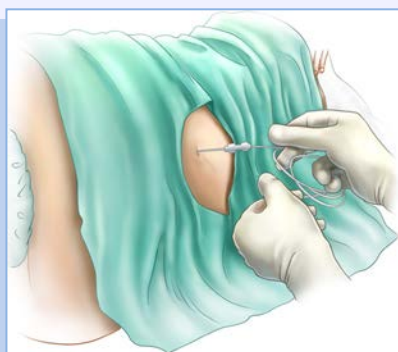
ANNUAL REGIONAL ANAESTHESIA WORKSHOPS (Hands – On Workshops)

1st CYCLE, 2009 – 2010

Part I: 12 – 13 December 2009

Part II: 17 – 18 April 2010

Part III: 5 – 6 June 2010



INFO

The Annual ESRA Hellas Workshops
are accredited by the ESRA Diploma Board
with **3 Credits** towards **ESRA Diploma**
(in a total of 13 necessary)
as well as with **28 CME / UEMS Credits**

ORGANIZATION

ESRA Hellas

www.esrahellas.gr

INFORMATION

ESRA Hellas Secretariat
Mrs Eva Vlamopoulou
Anaesthesiologists' Office
Areataieion University Hospital
Athens, Greece
Monday – Friday: 09.00 – 14.00
Telephone & Fax: 210 7286169
Email: info@esrahellas.gr



European Society of Regional Anaesthesia **HELLAS**

<http://www.esrahellas.gr>

SCIENTIFIC PROGRAM of ESRA – Hellas

1^o ANNUAL HANDS – ON REGIONAL ANAESTHESIA WORKSHOP

(Approved & Certified by ESRA Europe Society)

1st CYCLE, 2009 – 2010

Part III

5 – 6 June 2010

Aretaieion University Hospital, Athens, Greece

Saturday 5th June 2010

08.45 – 09.00	Registrations – Introduction – Lecture Theatre			
09.00 – 09.25	Sacrococcygeal Plexus Block Landmarks, Technique, Indications, Video			S. Livanios
09.30 – 10.00	Anatomy of Sciatic and Femoral Nerve			I. Zogogiannis
10.00 – 10.15	Coffee Break			
10.15 – 13.15	Hands – On Practice: Sciatic and Femoral Nerve Blocks			
Instructors	I. Ζωγόγιαννης US Identification of Sciatic Nerve	E. Antonopoulou Sciatic Nerve Block – NS	A. Douma US Identification of Femoral Nerve	A. Pavlopoulou Femoral Nerve – NS
10.15 – 11.00	Group A	Group B	Group C	Group D
11.00 – 11.45	Group B	Group C	Group D	Group A
11.45 – 12.30	Group C	Group D	Group A	Group B
12.30 – 13.15	Group D	Group A	Group B	Group C
13.15 – 14.00	Lunch Break			
14.00 – 14.25	Anatomy of Lumbosacral Plexus			E. Antonopoulou
14.30 – 16.00	Hands – On Practice: Lumbosacral Plexus Block			
Instructors	I. Serpentinis US Identification of Lumbar Plexus	E. Antonopoulou Psoas Compartment Block Landmarks – Practice on Live Model	I. Zogogiannis US Identification of Lumbar Plexus	E. Lykoudi Psoas Compartment Block Landmarks – Practice on Live Model
14.30-15.15	Group A	Group B	Group C	Group D
15.15-16.00	Group B	Group A	Group D	Group C

Sunday 6th June 2010

09.00 – 09.25	Adjuvant Drugs in Peripheral Nerve Blocks			E. Moka
09.30 – 10.00	Regional Anaesthesia in the Elderly			E. Papastamou
10.00 – 10.30	Coffee Break			
10.30 – 12.50	Hands – On Practice: Obturator, Genitofemoral, Popliteal, Saphenous Nerve Blocks, Ankle Block			
Instructors	I. Serpentinis Obturator, Genitofemoral – US Identification	E. Antonopoulou Popliteal, Landmarks Practice on Live Model	T. Paraskevopoulos Saphenous, Landmarks and Practice on Live Model	E. Stavropoulou Ankle Block. Landmarks and Practice on Live Model
10.30 – 11.05	Group A	Group B	Group C	Group D
11.05 – 11.40	Group B	Group C	Group D	Group A
11.40 – 12.15	Group C	Group D	Group A	Group B
12.15 – 12.50	Group D	Group A	Group B	Group C
13.00 – 14.00	Multiple Choice Questions Test			