



European Society of Regional Anaesthesia **HELLAS**

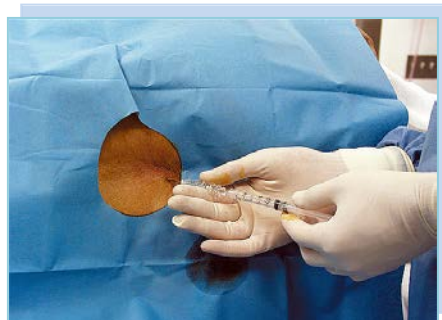
<http://www.esrahellas.gr>

ANNUAL REGIONAL ANAESTHESIA WORKSHOPS (Hands – On Workshops)

3rd CYCLE, 2011 – 2012

Part I: 18 – 20 November 2011

Part II: 3 – 5 February 2012



INFO

The Annual ESRA Hellas Workshops are
accredited by the **ESRA Diploma Board**
with **3 credits** towards the **ESRA**
Diploma and **28 CME / UEMS credits**

ORGANIZATION → ESRA Hellas
<http://www.esrahellas.gr>

INFORMATION – PREREGISTRATION

ESRA Hellas Secretariat
Mrs Eva Vlamopoulou
Anaesthesiologists Office
Areataieion University Hospital
Athens, Greece
Monday – Friday: 09.00 – 14.00
Telephone & Fax: +30 210 7286169

Email: info@esrahellas.gr



European Society of Regional Anaesthesia HELLAS

<http://www.esrahellas.gr>

3rd ANNUAL HANDS – ON REGIONAL ANAESTHESIA WORKSHOP

3rd CYCLE, 2011 – 2012, Part I

18 – 20 NOVEMBER 2011

Aretaieion University Hospital, Athens, Greece

*Certified and Approved by ESRA Europe Society
(3 credits towards ESRA Diploma)*

Friday 18. 11. 2011

15.00 – 15.30	Registrations	
15.30 – 16.00	Introduction – Aim of the Course – ESRA Diploma	E. Argyra
16.00 – 16.30	Functional Anatomy for Regional Anaesthesia	E. Stavropoulou
16.30 – 17.00	Local Anaesthetics: Pharmacokinetics – Pharmacodynamics – Systemic Toxicity	E. Moka
17.00 – 17.30	Safety and Comfort of Patients under Regional Anaesthesia – Sedation	E. Argyra
17.30 – 18.00	Coffee Break	
18.00 – 18.30	Spinal Anaesthesia	N. Pavlopoulou
18.30 – 19.00	Epidural and Combined Spinal – Epidural Anaesthesia	A. Tsaroucha
19.00 – 19.30	Principles of Peripheral Nerve Stimulation	T. Paraskevopoulos
19.30 – 20.00	Introduction to Ultrasound – Assisted Regional Anaesthesia	I. Serpentinis

Saturday 19. 11. 2011

08.45 – 09.00	Registrations			
09.00 – 10.30	Clinical Workshop I (approximately 20' – 25' per Group) Identification of Basic Anatomical Structures by US Practice on Fantoms, Animal Preparations and Live Models			
Instructors	Ultrasound Group: T. Saranteas, A. Douma, T. Paraskevopoulos, I. Serpetinis J, I. Zogoyannis			
	Station 1 Live model	Station 2 Fantom Torso	Station 3 Animal Preparation	Station 4 US Fantoms
Groups	A	B	C	D
	B	C	D	A
	C	D	A	B
	D	A	B	C
10.30 – 11.00	Coffee Break			
11.00 – 11.30	Anatomy of Brachial plexus, Clinical Applications Lecture at Theatre to all the Groups			G. Ekatodramis
11.30 – 13.30	Clinical Workshop II: Upper Extremity Blocks Distribution to Groups (approximately 1h per Group)			
	Station 1 – 1a Plexus Identification by Ultrasound	Station 2 Interscalene and Supraclavicular block Landmarks and NS on Live Model	Station 3 Infraclavicular and Axillary block Landmarks and NS on Live Model	Station 4 Nerve Blocks at the elbow, forearm, wrist level on Live Model - NS
Instructors	US Group	G. Ekatodramis	G. Stamatiou	A. Mela
11.30 – 12.30	A	B	C	D
12.30 – 13.30	B	C	D	A
13.30 – 14.00	Lunch Break			
14.00 – 16.00	Clinical Workshop II: Continued			
14.00 – 15.00	C	D	A	B
15.00 – 16.00	D	A	B	C
16.00 – 17.00	Clinical Workshop III Occipital, Suprascapular Block		Clinical Workshop IV: Intercostal Block	
Instructors	B. Tsirtsiridou	F. Kremastinou	E. Kouroukli	E. Stavropoulou
	Station 1 Landmarks – Technique on models	Station 2 Landmarks – Technique on models	Station 3 Landmarks – Technique on models	Station 4 Landmarks –Technique on models
16.00 – 16.30	A	B	C	D
16.30 – 17.00	C	D	A	B

Sunday 20. 11. 2011

08.45 – 09.00	Registrations			
09.00 – 09.30	Regional Anaesthesia & Anticoagulation: Clinical Guidelines – Recommendations G. Kritharidou			
09.30 – 10.30	Workshop V: Cervical Plexus Block (approximately 15' per Group) Anatomy – Indications – Complications – Technique			
	Station 1 and Station 2 Z. Gambopoulou & Ultrasound Group Landmarks – Identification On Live Model		Station 3 and Station 4 D. Xarchoulacos & Ultrasounds Group Landmarks – Identification On Live Model	
Groups	A	B	C	D
10.30 – 11.00	Coffee Break			
11.00 – 11.30	Paravertebral Block – Lecture to All groups Anatomy – Indications – Contraindications – Complications			L. Baltatzi
11.30 – 13.00	Workshop VI: Distribution to Groups Paravertebral Block			
	Station 1 Identification by US	Station 2 Identification by US	Station 3 Landmarks Technique	Station 4 Landmarks Technique
Instructors	Ultrasounds Group		G. Stamatiou	L. Baltatzi
11.30 – 12.15	A	B	C	D
12.15 – 13.00	C	D	A	B
13.00 – 13.30	Regional Anaesthesia and Chronic Pain			F. Kremastinou
13.30 – 14.00	Bier's Block. Theory & Practical Demonstration			Ch. Karanastasi