



European Society of Regional Anaesthesia **HELLAS**

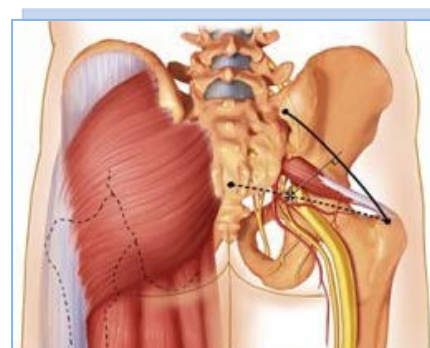
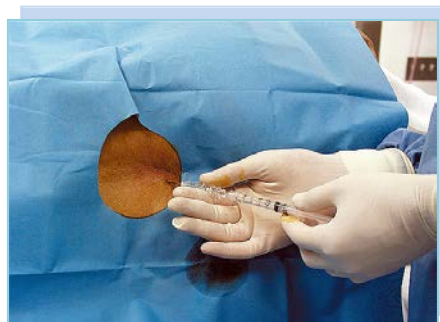
<http://www.esrahellas.gr>

ANNUAL REGIONAL ANAESTHESIA WORKSHOPS (Hands – On Workshops)

3rd CYCLE, 2011 – 2012

Part I: 18 – 20 November 2011

Part II: 3 – 5 February 2012



INFO

The Annual ESRA Hellas Workshops are
accredited by the **ESRA Diploma Board**
with **3 credits** towards the **ESRA**
Diploma and **28 CME / UEMS credits**

ORGANIZATION → ESRA Hellas
<http://www.esrahellas.gr>

INFORMATION – PREREGISTRATION

ESRA Hellas Secretariat
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3rd ANNUAL HANDS – ON REGIONAL ANAESTHESIA WORKSHOP

3rd CYCLE, 2011 – 2012, Part II

3 – 5 FEBRUARY 2012, Aretaieion University Hospital, Athens, Greece

Certified and Approved by ESRA Europe Society

(3 credits towards ESRA Diploma)

Friday 03. 02. 2012

15.00 – 15.30	Registrations	
15.30 – 16.00	Regional Anaesthesia in Obstetrics	I. Siafaka
16.00 – 16.30	The most common Regional Blocks in Children: When and How?	V. Matsota
16.30 – 17.00	Regional Anaesthesia in the Elderly	A. Glinavou
17.00 – 17.30	Coffee Break	
17.30 – 18.00	Regional Anaesthesia in the Patient with Cardiovascular Disease: Interactive Session / Clinical Scenarios	A. Bairaktari
18.00 – 18.30	Regional Anesthesia in the Patient with Preexisting Neurological Disease: Interactive Session / Clinical Scenarios	E. Krepi
18.30 – 19.00	Regional Anaesthesia in the Emergency Department	E. Chrona
19.00 – 19.30	Continuous Nerve Blocks for Postoperative Analgesia: Complications, How and When?	D. Papadopoulos
19.30 – 20.00	Regional Anaesthesia and Anticoagulation: Current Guidelines	G. Kritharidou

Saturday 04. 02. 2012

08.45 – 09.00	Registrations			
09.00 – 10.00	Lecture Theatre – All Groups			
09.00 – 09.30	Complications of Peripheral Nerve Blocks			A. Douma
09.30 – 10.00	Anatomy: Nerves of the Lower Extremity (Femoral – Sciatic)			I. Zogogiannis
10.00 – 10.30	Coffee Break			
10.30 – 13.00	CLINICAL WORKSHOP I (35' per Group approximately) Blocks of the Lower Extremity (Sciatic and Femoral Nerve)			
Instructors	I. Zogogiannis	A. Douma	E. Antonopoulou	D. Xarchoulakos
	Anatomy: Sciatic Nerve		Anatomy: Femoral Nerve	
	Station 1 US – Guided Imaging of Sciatic Nerve	Station 2 US – Guided Imaging of Femoral Nerve	Station 3 Sciatic Nerve Block: Landmarks – Various Approaches – NS	Station 4 Sciatic Nerve Block: Landmarks – Various Approaches – NS
10.30 – 11.05	A	B	C	D
11.10 – 11.45	B	A	D	C
11.45 – 12.20	C	D	A	B
12.25 – 13.00	D	C	B	A
13.00 – 14.00	Lunch Break			
14.00 – 15.30	CLINICAL WORKSHOP II (45' per Group approximately) Blocks of Anterior Abdominal Wall TAP Block – Ilioinguinal Nerve Block – Iliohypogastric Nerve Block			
Instructors	I. Serpentinis	I. Zogogiannis	D. Papadopoulos	E. Mastrokosta
	Station 1 Identification – US Technique	Station 2 Identification – US Technique	Station 3 Landmarks on Live Model	Station 4 Landmarks on Live Model
14.00 – 14.45	A	B	C	D
14.45 – 15.30	C	D	A	B

Sunday 05. 02. 2012

08.45 – 09.00	Registrations			
09.00 – 09.25	Lecture Theatre			
09.00 – 09.25	Anatomy of Lumbosacral Plexus			
09.00 – 09.25	E. Antonopoulou			
09.30 – 10.30	CLINICAL WORKSHOP III (30' per Group approximately) Lumbosacral Plexus Block			
Instructors	T. Paraskevopoulos	I. Serpentinis	E. Antonopoulou	N. Noulas
	Station 1 US Guided Lumbosacral Plexus Block (Psoas Compartment Block)	Station 2 US Guided Lumbosacral Plexus Block (Psoas Compartment Block)	Station 3 Lumbosacral Plexus Block (Psoas Compartment Block): Landmarks & Technique on Live Model	Station 4 Lumbosacral Plexus Block (Psoas Compartment Block): Landmarks & Technique on Live Model
09.30 – 10.00	A	B	C	D
10.00 – 10.30	B	A	D	C
10.30 – 11.00	Coffee Break			
11.00 – 13.00	CLINICAL WORKSHOP IV (30' per Group approximately) Obturator, Genitofemoral, Popliteal, Saphenous, Blocks at Ankle Level			
Instructors	I. Serpentinis	T. Paraskevopoulos	A. Andreou	E. Stavropoulou
	Station 1 Obturator, Genotifemoral Nerve: Ultrasound Imaging	Station 2 Popliteal, Saphenous Nerve: Ultrasound Imaging	Station 3 Popliteal, Saphenous Nerve Blocks: Landmarks, NS	Station 4 Ankle Foot Blocks: Landmarks, NS
11.00 – 11.30	A	B	C	D
11.30 – 12.00	B	C	D	A
12.00 – 12.30	C	D	A	B
12.30 – 13.00	D	A	B	C
13.00 – 14.00	Multiple Choice Questions Test			