



European Society of Regional Anaesthesia **HELLAS**

<http://www.esrahellas.gr>

ANNUAL HANDS – ON REGIONAL ANAESTHESIA WORKSHOPS 8th CYCLE, 2016

Part I: 04 – 06 March 2016

Part II: 01 – 03 April 2016



INFO

The Annual ESRA Hellas Workshops are recognized by the **EDRA Board** as one of the prerequisites towards the **EDRA Diploma Exams**.

They are accredited with **25 CME Credits** by the **Panhellenic Medical Association**.

They are also recognized by the **National Drug Organization (EOF)** of Greece.

ORGANIZATION → ESRA Hellas
<http://www.esrahellas.gr>

INFORMATION – PREREGISTRATION

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REGIONAL ANAESTHESIA (RA) HANDS – ON WORKSHOP

8th Cycle 2016

Awarded with 25 CME credits (Part I and II)

Accepted as a prerequisite for the EDRA Diploma

Εγκριμένο από τον ΕΟΦ

PART II

1, 2, 3 APRIL 2016

Aretaieion University Hospital Athens, Greece

Friday 01/04/2016

15.00 – 15.30	Venue – Registrations	
15.30 – 16.00	Applied Statistics in Regional Anaesthesia	K. Theodoraki
16.00 – 16.30	Regional Anaesthesia in Obstetrics	I. Sifaka
16.30 – 17.00	Regional Anaesthesia in Emergency Room (ER) Interactive Discussion of Clinical Cases	E. Chrona
17.00 – 17.30	Regional Anaesthesia in Elderly Patients	D. Papadopoulos
17.30 – 18.00	Coffee Break	
18.00 – 18.30	Regional Anaesthesia & Chronic Pain	F. Kremastinou
18.30 – 19.00	Continuous PNBs for Postoperative analgesia: When & How?	A. Mela
19.00 – 19.30	Neurologic Complications of Peripheral Nerve Blocks	A. Douma

Saturday 06/02/2016

08.45 – 09.00	Venue – Lecture Hall			
09.00 – 09.30	Lecture Hall – All Groups Anatomy of Nerves & Plexuses of Lower Limb			N. Scott
09.30 – 12.30	CLINICAL WORKSHOP I Lower Limb Peripheral Nerve Blocks			
Instructors	N. Scott	T. Paraskevopoulos	E. Antonopoulou	D. Papadopoulos
	U/S Demonstration		Clinical Demonstration – N/S	
	Workstation 1 Femoral, Fascia Iliaca, Obturator, Adductor canal blocks	Workstation 2 Saphenous and distal nerve blocks	Workstation 3 Fascia Iliaca, femoral, obturator, saphenous nerve blocks	Workstation 4 Distal PNBs of lower limb
09.30 – 10.10	A	B	C	D
10.10 – 10.50	B	C	D	A
10.50 – 11.10	Coffee Break			
11.10 – 12.30	CLINICAL WORKSHOP I (continued)			
11.10 – 11.50	C	D	A	B
11.50 – 12.30	D	A	B	C
12.30 – 14.00	CLINICAL WORKSHOP II Sacral plexus blocks (sciatic nerve block – proximal approaches, popliteal block, distal blocks)			
Instructors	N. Scott US	T. Paraskevopoulos US	E. Antonopoulou Landmarks, N/S	A. Andreou, A. Rantis Landmarks, N/S
	Workstation 1 Practice on a Live Model Sciatic nerve block (classic posterior, subgluteal, Popliteal, other approaches)	Workstation 2 Practice on a Live Model Popliteal fossa and Distal blocks	Workstation 3 Classic posterior, subgluteal approaches, popliteal fossa nerve blocks	Workstation 4 Lumbosacral Plexus Block Psoas compartment block
12.30 – 13.10	A	B	C	D
13.10 – 13.50	B	C	D	A
13.50 – 14.40	Lunch Break			
14.40 – 16.00	CLINICAL WORKSHOP II (continued) Sacral plexus blocks (sciatic nerve block – proximal approaches, popliteal block, distal blocks)			
14.40 – 15.20	C	D	A	B
15.20 – 16.00	D	A	B	C
16.00 – 17.00	CLINICAL WORKSHOP III TAP Block – Ilioinguinal – Iliohypogastric Nerve Blocks		CLINICAL WORKSHOP IV Intravenous Regional Anaesthesia (IVRA)	
Instructors	T. Paraskevopoulos	P. Papacharalambous	C. Karanastasi	N. Firfiris
	Workstation 1 Identification with US	Workstation 2 Identification with US	Workstation 3 Clinical Demonstration Block Technique	Workstation 4 Clinical Demonstration Block Technique
16.00 – 16.30	A	B	C	D
16.30 – 17.00	C	D	A	B

Sunday 07/02/2016

08.45 – 09.00	Venue – Lecture Hall			
09.00 – 11.00	CLINICAL WORKSHOP IV Local Anaesthetics Systemic Toxicity (LAST): Simulation of Crisis & Management Coordinator : E. Argyra Instructors : K. Theodoraki, E. Moka, A. Tsaroucha Commentator: N. Scott (In English, with the Invited Speaker Participation)			
09.00 – 09.25	Briefing	K. Theodoraki		
09.25 – 10.35	Clinical Scenaria	2 Case Scenaria Presentation / All		
10.35 – 11.00	Debriefing – Comments	E. Moka – N. Scott		
11.00 – 11.30	Coffee Break			
11.30 – 12.00	Caudal Block	P. Mammi		
12:00 – 13.30	CLINICAL WORKSHOP V Hands – On Clinical Practice : Peripheral Nerve Blocks in the Paediatric Population Coordinator : P. Mammi			
12.00 – 13.30	Clinical Practice on Paediatric Live Models with U/S Application			
Instructors	D. Zacharopoulos	D. Oikonomopoulos	E. Garini	G. Noutsos
	Workstation 1 Upper Limb Blocks	Workstation 2 Upper Limb Blocks	Workstation 3 Trunk & Lower Limb Blocks	Workstation 4 Trunk & Lower Limb Blocks
12.00 – 12.45	A	B	C	D
12.45 – 13.30	C	D	A	B
13.30 – 14.30	Self – Examination			