



European Society of Regional Anaesthesia **HELLAS**

<http://www.esrahellas.gr>

ANNUAL REGIONAL ANAESTHESIA WORKSHOPS (Hands – On Workshops) **6th CYCLE, 2014 – 2015** **Part II: 23 – 25 January 2015**



INFO

The Annual ESRA Hellas Workshops are recognized by the **EDRA Board** as one of the prerequisites towards the **EDRA Diploma Exams**.

They are accredited with **27 CME Credits** by the **Panhellenic Medical Association**.

They are also recognized by the **National Drug Organization (EOF)** of Greece.

ORGANIZATION → ESRA Hellas
<http://www.esrahellas.gr>

INFORMATION – PREREGISTRATION

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HANDS – ON REGIONAL ANAESTHESIA WORKSHOP

6th CYCLE 2014 – 2015

Awarded with 27CME credits (Part I and II)

Accepted as a prerequisite for the EDRA Diploma

PART II

23, 24, 25 January 2015, Aretaieion University Hospital, Athens

Friday 23/1/2015

15.00 – 15.30	Registration	
15.30 – 16.00	Regional Anaesthesia in Obstetrics	I. Sifaka
16.00 – 16.30	Regional Anaesthesia in the patient with Cardiovascular disease. Interactive session/Clinical scenarios	A. Bairaktari
16.30 – 17.00	Regional Anaesthesia in the Emergency Department	E. Chrona
17.00 – 17.30	Coffee – break	
17.30 – 18.00	Regional Anaesthesia in the elderly	Gina V. Velis
18.00 – 18.30	Regional Anaesthesia & Chronic Pain Therapy: When & How?	A. Mela
18.30 – 19.00	Neurological Complications of Peripheral Nerve Blocks	A Douma
19.00 – 19.30	Statistics applied in Regional Anaesthesia	K. Theodoraki

Saturday 24/01/2015

8.45 - 9.00	Lecture theatre			
09.00 – 09.30	Anatomy: Nerves of the Lower Limb			Gina V. Velis
	WORKSHOP I Blocks of the Lower extremity			
Εκπαιδευτές	G. V. Velis	A. Douma	E. Antonopoulou	D. Papadopoulos
09.30 – 12.30	US technique		Landmarks - Technique	
	Station 1 Femoral, Fascia Iliaca Obturator, Adductor canal blocks	Station 2 Saphenous and distal nerve blocks	Station 3 Block Fascia Iliaca Femoral, Obturator, Adductor canal blocks	Station 4 Femoral nerve block of the lower limb
9.30 - 10.10	A	B	C	D
10.10 - 10.50	B	C	D	A
10.50 - 11.15	Coffee – Break			
	WORKSHOP I (continue)			
11.15 – 11.50	C	D	A	B
11.50 - 12.30	D	A	B	C
12.30 - 14.00	WORKSHOP II Sacral plexus blocks (subgluteal, politeal blocks, distal blocks)			
Εκπαιδευτές	Gina V. Velis US	A. Douma US	E. Antonopoulou ND	N. Noulas ND
	Station 1 Technique on live model Subgluteal, Politeal approach	Station 2 Technique on live model Politeal fossa And Distal blocks	Station 3 Supragluteal and Subgluteal Approaches, Popliteal Nerve Block	Station 4 Lumbar Paravertebral Nerve Block
12.30 – 13.10	A	B	C	D
13.10 – 13.50	B	C	D	A
14.00 – 14.30	Lunch Break			
14.30 - 16.00	WORKSHOP II (continue) Sacral plexus blocks (subgluteal, politeal blocks, distal blocks)			
14.30 – 15.10	C	D	A	B
15.10 – 16.00	D	A	B	C
16.00 – 17.00	WORKSHOP III Θωρακικός Παρασπονδυλικός Αποκλεισμός			
Εκπαιδευτές	Gina V. Velis	Th. Sarandeas	A. Makris	L. Baltatzi
	Station 1 US technique	Station 2 US technique	Station 3 Landmarks on live model	Station 4 Landmarks on live model
16.00 – 16.30	A	B	C	D
16.30 – 17.00	C	D	A	B

Sunday 25/01/2015

8.45 – 09.00	Lecture theatre			
09.00 – 10.30	WORKSHOP IV Local Anaesthetics Toxicity (LAST): Simulation – Crisis Management Εκπαιδευτές : E. Argyra, K. Theodoraki, A. Tsarouha Συντονισμός : E. Argyra			
09.00 – 09.25	Briefing	K. Theodoraki		
09.25 – 10.00	Clinical Scenarios	Participation of All Instructors & Audience		
10.00 – 10.30	Debriefing	A. Tsarouha		
10.30 – 11.00	Coffee – Break			
11.00 – 13.00	WORKSHOP V Practical Training: Regional Blocks in children Coordination : P. Mammi			
11.00 -11.30	Caudal Block	P. Mammi		
11.30 -13.00	Training in Paediatric Peripheral Nerve Blocks with US Application : Practice on Live Models			
Εκπαιδευτές	D. Zacharopoulos	E. Karkala	E. Garini	G. Noutsos
	Station 1 Upper Limb Peripheral Nerve blocks	Station 2 Upper Limb Peripheral Nerve blocks	Station 3 Peripheral Nerve Blocks of Trunk and Lower Limb	Station 4 Peripheral Nerve Blocks of Trunk and Lower Limb
11.30 – 12.15	A	B	C	D
12.15 – 13.00	C	D	A	B
13.00 – 14.00	Multiple choice Questions Test			