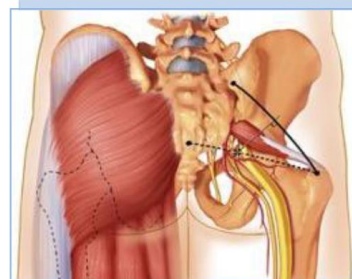




European Society of Regional Anaesthesia HELLAS

<http://www.esrahellas.gr>

ANNUAL REGIONAL ANAESTHESIA WORKSHOPS (Hands – On Workshops) 6th CYCLE, 2014 – 2015 Part I: 28 – 30 November 2014



INFO

The Annual ESRA Hellas Workshops are recognized by the **EDRA Board** as one of the prerequisites towards the **EDRA Diploma Exams**.

They are accredited with **27 CME Credits** by the **Panhellenic Medical Association**.

They are also recognized by the **National Drug Organization (EOF)** of Greece.

ORGANIZATION → ESRA Hellas

<http://www.esrahellas.gr>

INFORMATION – PREREGISTRATION

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HANDS – ON REGIONAL ANAESTHESIA WORKSHOP

6th CYCLE 2014 – 2015

Awarded with 27CME credits (Part I and II)

Accepted as a prerequisite for the EDRA Diploma

PART I

28, 29, 30 November 2014, Aretaieion University Hospital, Athens

Friday 28/11/2014

15.00 - 15.30	Registration	
15.30 - 16.00	Introductory Lecture by the President of ESRA Hellas – European Diploma of Regional Anaesthesia (EDRA)	E. Argyra
16.00 - 16.30	Basic Anatomy for Peripheral Nerve Blocks	E. Stavropoulou
16.30 - 17.00	Local Anaesthetics: Pharmacokinetics - Pharmacodynamics	E. Moka
17.00 - 17.30	Local anesthetic solution : volume, concentration, adjuvants	A. Delbos
17.30 - 18.00	Coffee Break	
18.00 - 18.15	Basics of Neurostimulation	E. Gliatis
18.15 - 18.30	Ultrasound Guided RA – Principles of US in RA	A. Delbos
18.30 - 19.00	Subarachnoid Anaesthesia in Everyday Clinical Practice New Data - Interactive Discussion	Ch. Staikou
19.00 - 19.30	Epidural and CSE Anesthesia - Analgesia How, Where and When. Interactive Discussion	A. Tsaroucha

Saturday 29/11/2014

8.45 - 9.00	Venue – Registrations			
9.00 – 10.30	CLINICAL WORKSHOP I <i>Identification of Basic Anatomic Structures with Ultrasounds</i> <i>Practice on Fantoms, Animal Preparations, Live Model</i>			
Instructors	Ultrasound Group A. Delbos, Th. Sarandeas, A. Douma, A. Makris			
	Workstation 1 Model	Workstation 2 Fantom Torso	Workstation 3 Anatomical Preparation	Workstation 4 Fantom
Groups	A	B	C	D
	B	C	D	A
	C	D	A	B
	D	A	B	C
10.30 – 11.00	Coffee Break			
11.00 – 11.30	Lecture Hall - All Groups Brachial Plexus Anatomy – 3 D Demonstration			
				A. Delbos
11.30 – 14.00	CLINICAL WORKSHOP II <i>Upper Limb Peripheral Nerve Blocks</i>			
	Workstation 1 & 1a	Workstation 2	Workstation 3	Workstation 4
Instructors	A. Delbos Th. Sarandeas	Z. Gambopoulou	G. Stamatiou	A. Makris
	Plexus Identification with Ultrasound	Interscalene and Supraclavicular Nerve Blocks with NS	Infraclavicular and Axillary Nerve Blocks	Blocks at elbow, forearm wrist level
11.30 – 12.10	A	B	C	D
12.10 – 12.50	B	C	D	A
12.50 – 13.30	C	D	A	B
13.30 – 14.10	D	A	B	C
14.10 – 14.30	Lunch Break			
14.30 – 15.30	CLINICAL WORKSHOP III <i>Transverse Abdominal Plane Block (TAP), Ilioinguinal, Iliohypogastric Block</i>			
	Workstation 1	Workstation 2	Workstation 3	Workstation 4
Instructors	Th. Sarandeas	P. Papaharalambous	G. Stamatiou	E. Mastrokosta
	US approach	US approach	Landmarks approach	Landmarks approach
14.30 – 15.00	A	B	C	D
15.00 – 15.30	C	D	A	B

Sunday 30/11/2014

8.45 – 9.00	Venue : Lecture Hall – All Groups			
9.00 – 10.00	CLINICAL WORKSHOP IV <i>Intercostal block - Anatomy, Block Technique, Indications, Contra Indications, Complications</i>		CLINICAL WORKSHOP V <i>Suprascapular block – Occipital Nerve Blocks. Anatomy, Block Technique, Indications, Contra Indications, Complications</i>	
Instructors	E. Kouroukli	E. Stavropoulou	A. Karra	F. Kremastinou
	Workstation 1 Landmarks Clinical Application	Workstation 2 Landmarks Clinical Application on Live Model	Workstation 3 Landmarks Clinical Application on Live Model	Workstation 4 Landmarks Clinical Application
09.00 – 09.30	A	B	C	D
09.30 – 10.00	C	D	A	B
10.00 – 10.30	Coffee Break			
10.30– 11.30	CLINICAL WORKSHOP VI Superficial and Deep cervical plexus block <i>Anatomy – Indications – Contraindications – Complications</i>			
Instructors	A. Makris	E. Stavropoulou	Z. Gambopoulou	E. Lykoudi
	Workstation 1 Identification with Ultrasound	Workstation 2 Identification with Ultrasound	Workstation 3 Clinical Demonstration	Workstation 4 Clinical Demonstration
10.30 – 11.00	A	B	C	D
11.00 – 11.30	C	D	A	B
11.30 – 12.00	Safety and Comfort of Patients undergoing Regional Anaesthesia – Sedation			E. Argyra
12.00 – 12.30	Regional Anaesthesia and Anticoagulation			G. Kritharidou
12.30 – 13.00	Regional Anaesthesia and Chronic Pain Therapy: When and How?			F. Kremastinou
13.00 – 13.30	Biers's block. Theory and Practice: Clinical Demonstration			Ch. Karanastasi