



European Society of Regional Anaesthesia **HELLAS**

<http://www.esrahellas.gr>

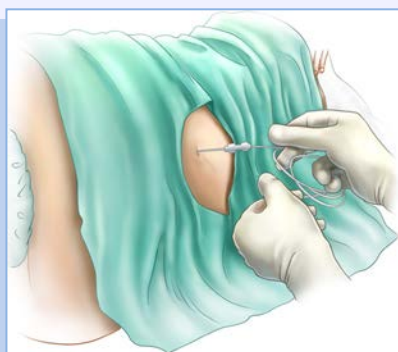
ANNUAL REGIONAL ANAESTHESIA WORKSHOPS (Hands – On Workshops)

1st CYCLE, 2009 – 2010

Part I: 12 – 13 December 2009

Part II: 17 – 18 April 2010

Part III: 5 – 6 June 2010



INFO

The Annual ESRA Hellas Workshops
are accredited by the ESRA Diploma Board
with **3 Credits** towards **ESRA Diploma**
(in a total of 13 necessary)
as well as with **28 CME / UEMS Credits**

ORGANIZATION

ESRA Hellas

www.esrahellas.gr

INFORMATION

ESRA Hellas Secretariat
Mrs Eva Vlamopoulou
Anaesthesiologists' Office
Areataieion University Hospital
Athens, Greece
Monday – Friday: 09.00 – 14.00
Telephone & Fax: 210 7286169
Email: info@esrahellas.gr



European Society of Regional Anaesthesia HELLAS

<http://www.esrahellas.gr>

EDUCATIONAL ACTIVITIES of ESRA – Hellas

1st ANNUAL HANDS – ON REGIONAL ANAESTHESIA WORKSHOP

(Approved & Certified by ESRA Europe Society)

1ST CYCLE, 2009 – 2010

Part I

12 – 13 December 2009

Aretaieion University Hospital, Athens, Greece

SATURDAY 12 DECEMBER 2009

09.00 – 09.15	Introductory Lecture by the President of ESRA Hellas – Aim of the Seminar	E. Argyra	
09.15 – 09.45	History of Regional Anaesthesia	G. Papadopoulos	
09.45 – 10.15	Anatomy for Regional Anaesthesia – Spinal, Epidural, Central Neuraxial Blocks	E. Stavropoulou	
10.15 – 10.45	Anatomy for Regional Anaesthesia – Plexus, Peripheral Nerves and Autonomic Parts of Spinal Nerves	E. Stavropoulou	
10.45 – 11.15	Coffee Break		
11.15 – 11.45	Pharmacokinetics and Pharmacodynamics of Local Anaesthetics – Toxicity	E. Moka	
11.45 – 12.15	Pharmacokinetics of Spinal and Epidural Space	E. Moka	
12.15 – 12.45	Safety and Comfort of Patients under Regional Anaesthesia	E. Argyra	
12.45 – 13.15	Necessary Equipment for Peripheral Nerve Blocks	D. Papadopoulos	
13.15 – 14.00	Lunch Break		
14.05 – 14.40	Spinal Anaesthesia	V. Vrettou	
14.45 – 15.20	Epidural and Combined Spinal – Epidural Anaesthesia	K. Theodoraki	
15.25 – 16.00	Central Neuraxial Blocks in the Perioperative Period	A. Tsaroucha	
16.30 – 17.00	Continuous Peripheral Nerve Blocks: Indications – Management – Complications	N. Bernalli	

SUNDAY 13 DECEMBER 2009

09.00 – 09.30	Basic Principles of Neurostimulation	T. Paraskevopoulos
09.30 – 10.00	Basic Principles of Ultrasound	I. Serpentinis
10.00 – 10.30	Identification of Basic Anatomical Structures with the use of 2D Ultrasound	T. Saranteas T. Paraskevopoulos N. Noulas I. Serpentinis
10.30 – 11.00	Coffee Break	
11.30 – 12.00	Superficial and Deep Cervical Plexus Blocks: Anatomy – Indications – Complications	Z. Gambopoulou
12.00 – 12.30	Techniques of Cervical Plexus Nerve Blocks	Z. Gambopoulou D. Xarchoulakos D. Papadopoulos N. Noulas
12.30 – 13.00	Techniques of Peripheral Nerve Blocks of the Final Nerve Endings of Trigeminal Nerve: Occipital and Suprascapular Blocks	E. Argyra E. Stavropoulou V. Tsirtsiridou F. Kremastinou
13.00 – 13.30	Intercostal Nerve Blocks	E. Kouroukli
13.30 – 14.00	Bier's Block. Theory and Practical Application	Ch. Karanastassi