

Thursday, October 2, 2014

11:00-12:00	Check in - Registration
12:00-14:00	Oral Presentations (I) Chairs: G. Konstantopoulou, E. Melidi, A. Vekrakou
14:00-16:00	Oral Presentations (II) Chairs: A. Spyrou, E. Mastora, M. Rekatsina
16:00-16:30	Lecture I Chairs: M. Ammari, S. Pouloupoulou, G. Vassilopoulou What the patient should know about his pain? M. Strigou
16:30-17:00	Lecture II Chairs: E. Papadopoulou, M. Zotou, A. Manataki Smoking and Pain E. Tsirogianni
17:00-17:30	COFFEE BREAK
17:30- 19:00	Round Table I Pain management in mother and child Chairs: P. Mammi, S. Livanios, S. Chatzilia Latest data of the Opioid management in infants and children A. Tsiotou Chronic paediatric pain in Greece E. Garini Analgesia after Cesarean section and breastfeeding A. Tsaroucha Commentators: A. Malissiova, A. Tzanneti
19:00-19:30	Lecture III Chairs: A. Kolotoura, D. Moumtzi, E. Mastrokosta Safety of epidural steroid injections (FDA warning) I. Kouroukli
19:30-20:00	Lecture IV Chairs: M. Gouliami, G. Anastasiadou, T. Lefaki What should we know about generics and biosimilars? A. Kotsiou
20:00-21:00	Opening Ceremony Chairs: I. Siafaka, E. Alexopoulou-Vrachnou The Pain patient: a socio-political affair G. Varassi Welcome Addresses
21:00-22:30	Welcome reception

Friday, October 3, 2014

	HALL I
08:00-09:00	Oral Presentations III Chairs: L. Palialexi, E. Daflou, M. Valta
09:00-10:30	Round Table II Pain Management in Cancer Patients Chairs: P. Maidatsi, K. Panagiotaki, O. Panagiotidou Mikroglia and Opioids E. Amaniti Interventional techniques in head and neck cancer P. Theodosiadis Break through cancer pain: new developments E. Vrachnou Commentators: A. Zaralidou, P. Kastrinaki
10:30-11:00	Lecture IV Chairs: E. Plessia, E. Ketikidou, G. Frantzeskos Abuse –deterrent opioid formulations P. Chloropoulou
11:00-11:30	COFFEE BREAK
11:30-12:00	Lecture V Chairs: G.Varassi, P. Matsota,A.Tsaroucha Post operative outcome: the surgeon as risk factor for pain N. Rawal
12:00-12:30	Satellite Lecture Chairs: D. Vassilakos, I. Siafaka The Hellenic Society of Pain Management & Palliative Care Guidelines for Neuropathic Pain: the role of Tramadol A. Bairaktari <i>With the kind sponsorship of VIANEX</i>
12:30-13:00	Lecture VI Chairs: E. Arnaoutoglou, E. Moka,E.Koutsopoulou Local Anaesthetics: update on toxicity and non anaesthetic effects A. Borgeat
13:00-14:30	Round Table III Regional Anaesthesia Chairs: L. Theocharis, M. Arnaoutakis, M. Stamelos Regional Anaesthesia in opioid tolerant patients E. Moka Regional Anaesthesia in a day clinic A. Andreou Quality and Safety in Regional Anaesthesia: evidence based practice and clinical governance

	V. Raftopoulos Commentators: Z. Gampouloulou, .. Demesticha
14:30-16:30	LUNCH BREAK
16:30-17:00	Lecture VII Chairs: M. Kokolaki, E. Karanika, P. Galanou Parkinson and pain P. Zis
17:00-17:30	Lecture VIII Chairs: S. Douvli, E. Logotheti, M. Paximadi Fibromyalgia: new data D. Papadopoulou
17:30-18:00	Lecture IX Chairs: E. Mavrommati , D. Sarriou,N.Kabayannis Acute pain after cardiothoracic procedures:Classic approaches and current trends Ch. Walker
18:00-19:30	Satellite Symposium Regional Neuropathic Pain Management: what's new Chairs: A. Vadalouca, Th. Vogiatzaki QUEPP: new evidence for importance of treatment timing in PNP I. Siafaka ELEVATE: Topical treatment versus oral in PNP A. Vadalouca <i>With the kind sponsorship of ASTELLAS</i>

Friday, October 3, 2014

	HALL II
08:00-11:00	Workshop I Acute and Chronic Spinal Pain: Therapeutic interventions before and after surgery Co-ordinator: G. Vissarakis <u>Before Surgery</u> Degenerative spine disease: definition, diagnostic criteria, anatomic elements, involved in degenerations, clinical features M. Karavis Spine Disorders management in a Pain Clinic E.H. Isaia Physiotherapy and spinal pain G. Georgoudis <u>After Surgery</u> Surgical treatment of acute and chronic spinal pain V. Nikolaou Rehabilitation after surgery. Fail back surgery syndrome G. Vissarakis The role of physiotherapy after spinal surgery A. Sideris <u>DEMONSTRATION WITH MODEL</u> Neurological assessment in 5 minutes M. Segredou Presurgery. Neurodynamic assesment G. Georgoudis Post surgery therapeutic exercices A. Sideris
11:00-11:30	COFFEE BREAK
14:30-16:30	Workshop II Ultrasound in Regional Anaesthesia in children Co-ordinator: P. Mammi Upper extremity nerve block. Ultrasound demonstration and exercise in a paediatric model D. Zacharopoulos, E. Karkala Nerve block in trunk and lower limb. Ultrasound demonstration and exercise in a paediatric model D. Ekonomopoulos, E. Garini

Saturday, October 4, 2014

	HALL I
08:00-09:00	Oral Presentations IV Chairs: E. Theodorou, A. Dinka, G. Papakitsos
09:00-10:30	Round Table IV The different faces of low back pain Chairs: A. Mela, A. Antzel, N. Xanthopoulos Non specific low back pain M. Karavis Radicular back pain F. Kremastinou Low back pain facet syndrome G. Stamatiou Commentators: E. Antonopoulou, E. Stavropoulou
10:30-11:00	Lecture X Chairs: E. Vrachnou, M. Maragianni, N. Sakka Individualized pain treatment: is it feasible? E. Raptis
11:00-11:30	COFFEE BREAK
11:30-12:00	Lecture XI Chairs: E. Kouroukli, K. Theodoraki, B. Tsirtsiridou Neurolytic blocs in palliative care S. Erdine
12:00-12:30	Lecture XII Chairs: G. Papadopoulos, V. Fyntanidou Cognitive disorders and anaesthesia: is regional anaesthesia better? E. Argyra
12:30-14:00	Satellite Symposium Neuropathic Pain & Pregabalin: 10 years of experience Chairs: A. Vadalouca, N. Tentolouris Pregabalin in Pain Medicine A. Vadalouca Pregabalin in Orthopaedics M. Potoupnis Pregabalin in Diabetes N. Tentolouris Pregabalin in Oncology I. Athanassiadis Pregabalin and its economic benefit K. Athanassakis <i>With the kind sponsorship of PFIZER</i>
14:00-15:00	BREAK – LIGHT LUNCH

15:00-16:30	Round Table V Perioperative analgesia in plastic and reconstructive breast surgery Chairs: K. Kokkinis, S. Anisoglou, M. Bourazani The role of surgeon S. Koutsogiorgas Pharmacological treatment V. Nolas Interventional techniques O. Panagopoulou Commentators: Th. Petrakopoulou, E. Chrona
16:30-17:30	Round Table VI Chronic Pain: the state of the art Chairs: Ch. Michaloliakou, P. Kamperi, . I.Stathopoulou Cannabinoids and Chronic Neuropathic Pain G. Micha Neuropathic pain and itching: two sides of the same coin? Ch. Karanastassi Internet technology as a tool for the treatment of chronic pain D. Valsamidis Commentators: K. Theodoraki,
17:30-18:00	Lecture XIII Chairs: G. Vogiatzis, E. Eftychidou, N. Giannopoulou National and cultural aspects: do they affect pain management? N. Bernali
18:00-18:30	Closing Session - Awards

Saturday, October 4, 2014

	HALL II και HALL III
08:00-11:00	WORKSHOP III – ESRA HELLAS Upper extremity nerve block – anterior abdominal wall Co-ordinator: A.Argyra Ultrasound imaging of neural structures A. Makris Interscalene – supraclavicular – infraclavicular nerve blocks NS, landmarks, demonstration on live model A. Borgeat BREAK Axillary nerve block & blocks at elbow and periphery NS, landmarks, demonstration on live model P. Theodosiadis Anterior abdominal nerve block Landmarks, Demonstration on Live model P. Papacharambous 3 stations, 45 minutes per station, up to 10 persons per group
11:00-11:30	COFFEE BREAK
	HALL II
14:00-16:30	WORKSHOP IV Stress management in chronic pain patient Co-ordinator: M. Karavis Stress: definition, diagnostic criteria, mechanisms, comorbidity M. Karavis Neuroimmunological response to persistent pain N. Chairetakis Stress management techniques in chronic pain patient Psychotherapy A. Kanellou Acupuncture A. Moutzouri Siatsou M. Lazana Reflexology M. Chiona