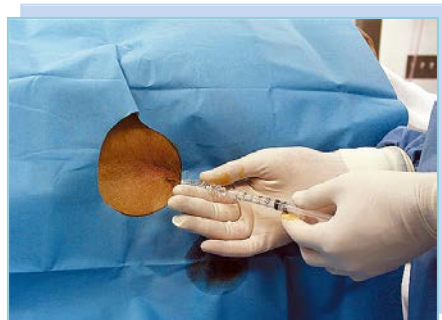




European Society of Regional Anaesthesia **HELLAS**

<http://www.esrahellas.gr>

ANNUAL REGIONAL ANAESTHESIA WORKSHOPS (Hands – On Workshops) **5th CYCLE, 2013 – 2014** **Part I: 06 – 08 December 2013**



INFO

The Annual ESRA Hellas Workshops
are accredited by the
Panhellenic Medical Association with
27 CME/UEMS credits

ORGANIZATION → ESRA Hellas
<http://www.esrahellas.gr>

INFORMATION – PREREGISTRATION

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HANDS – ON REGIONAL ANAESTHESIA WORKSHOP

5nd CYCLE 2013 – 2014

Awarded with 28CME credits (Part I and II)

Accepted by the ESRA Diploma Board, as a prerequisite for the EDRA Diploma

PART I

6, 7, 8 December 2013

Venue: Aretaieion University Hospital, Athens, Greece

Friday 6/12/2013

15.00 - 15.30	Registration	
15.30 - 16.00	Introductory Lecture by the President of ESRA Hellas – European Diploma of Regional Anaesthesia (EDRA)	E. Argyra
16.00 - 16.30	Basic Anatomy for Peripheral Nerve Blocks – Suggested Literature	E. Stavropoulou
16.30 - 17.00	Local Anaesthetics: Pharmacokinetics - Pharmacodynamics	E. Moka
17.00 - 17.30	Safety and Comfort of Patients undergoing Regional Anaesthesia – Sedation	E. Argyra
17.30 - 18.00	Coffee Break	
18.00 - 18.30	Basics of Neurostimulation & Ultrasound Guided RA	P. Narchi
18.30 - 19.00	Subarachnoid Anaesthesia in Everyday Clinical Practice Current Data – Interactive Discussion	Ch. Staikou
19.00 - 19.30	Epidural and CSE Anesthesia - Analgesia When, Where and How. Interactive Discussion	A. Tsaroucha

Saturday 7/12/2013

8.45 - 9.00	Venue – Registrations			
9.00 – 10.30	CLINICAL WORKSHOP I <i>Identification of Basic Anatomic Structures with Ultrasounds</i> <i>Practice on Fantoms, Animal Preparations, Live Model</i>			
Instructors	Ultrasound Group P. Narchi, A. Douma, T. Paraskevopoulos, A. Kotouzas			
	Workstation 1 Model	Workstation 2 Fantom Torso	Workstation 3 Anatomical Preparation	Workstation 4 Fantom
Groups	A	B	C	D
	B	C	D	A
	C	D	A	B
	D	A	B	C
10.30 – 11.00	Coffee Break			
11.00 – 11.30	Lecture Hall - All Groups Brachial Plexus Anatomy – 3 D Demonstration P. Narchi			
11.30 – 14.00	CLINICAL WORKSHOP II <i>Upper Limb Peripheral Nerve Blocks</i>			
Instructors	P. Narchi T. Paraskevopoulos	Z. Gambopoulou	G. Stamatiou	A. Makris
	Workstation 1 & 1a	Workstation 2	Workstation 3	Workstation 4
	Plexus Identification with Ultrasound	Interscalene and Supraclavivular Nerve Blocks with NS	Infraclavicular and Axillary Nerve Blocks	Blocks at elbow, forearm wrist level
11.30 – 12.10	A	B	C	D
12.10 – 12.50	B	C	D	A
12.50 – 13.30	C	D	A	B
13.30 – 14.10	D	A	B	C
14.10 – 14.30	Lunch Break			
14.30 – 15.00	CLINICAL WORKSHOP III <i>Paravertebral Nerve Block</i>			
Instructors	P. Narchi	T.Paraskevopoulos	G. Stamatiou	L. Baltatzi
	Workstation 1 Identification with Ultrasound	Workstation 2 Identification with Ultrasound	Workstation 3 Clinical Demonstration	Workstation 4 Clinical Demonstration
14.00 – 15.00	A	B	C	D
15.00 – 16.00	C	D	A	B

Sunday 8/12/2013

8.45 – 9.00	<i>Venue to Lecture Hall – All Groups</i>			
9.00 – 10.00	<i>CLINICAL WORKSHOP IV</i> <i>Intercostal Nerve Blocks</i>		<i>CLINICAL WORKSHOP V</i> <i>Suprascapular Nerve Blocks</i>	
Instructors	E. Kouroukli	E. Stavropoulou	A. Karra	F. Kremastinou
	Workstation 1 Landmarks Clinical Application	Workstation 2 Landmarks Clinical Application on Live Model	Workstation 3 Landmarks Clinical Application on Live Model	Workstation 4 Landmarks Clinical Application
09.00 – 09.30	A	B	C	D
09.30 – 10.00	C	D	A	B
10.00 – 10.30	<i>Coffee Break</i>			
10.30– 11.30	<i>CLINICAL WORKSHOP VI</i> <i>Anatomy – Indications – Contraindications – Complications</i>			
Instructors	Z. Gampopoulou	E. Stavropoulou	A. Kotouzas	E. Lykoudi
	Workstation 1 Landmarks Clinical Application on Live Model	Workstation 2 Landmarks Clinical Application on Live Model	Workstation 3 Landmarks Clinical Application on Live Model	Workstation 4 Landmarks Clinical Application on Live Model
	A	B	C	D
11.30 – 12.00	Regional Anaesthesia and Chronic Pain Therapy: When and How?			F. Kremastinou
12.00 – 12.30	Biers's block. Theory and Practice: Clinical Demonstration			Ch. Karanastassi