



European Society of Regional Anaesthesia HELLAS

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5th HANDS ON WORKSHOP ON REGIONAL ANAESTHESIA

Awarded with 27 CME credits (Part I and II)

Accepted by the ESRA Diploma Board, as a prerequisite for the EDRA Diploma

PART II

31 January - 1, 2 February 2014

Aretaieio Hospital, Athens

Friday 31/1/2014

15.00 – 15.30	Registration	
15.30 – 16.00	Regional Anaesthesia in Obstetrics	I. Sifaka
16.00 – 16.30	Regional Anaesthesia in the patient with Cardiovascular disease. Interactive session/Clinical scenarios	A. Bairaktari
16.30 – 17.00	Regional Anaesthesia in the Emergency Department	E. Chrona
17.00 – 17.30	Coffee – break	
17.30 – 18.00	Continuous Regional Anaesthesia for postoperative analgesia : When and How ;	A. Delbos
18.00 – 18.30	Regional Anaesthesia and Anticoagulation. Guidelines	G. Kritharidou
18.30 – 19.00	Regional Anaesthesia for the elderly	D. Papadopoulos
19.00 – 19.30	Statistics applied in Regional Anaesthesia	K. Theodoraki

Saturday 1/02/2014

8.45 - 9.00	Lecture theatre			
09.00 – 09.30	Anatomy: Nerves of the Lower Extremity			A. Delbos
	WORKSHOP I Blocks of the Lower extremity			
Instructors	A. Delbos	A. Douma	E. Antonopoulou	D. Papadopoulos
09.30 – 10.30	US		NS	
	Station 1 Femoral, Obturator, Adductor canal Saphenous block	Station 2 Femoral, Obturator, Adductor canal Saphenous block	Station 3 Femoral, Obturator, Adductor canal Saphenous block	Station 4 Femoral, Obturator, Adductor canal Saphenous block
9.30 - 10.00	A	B	C	D
10.00 - 10.30	B	C	D	A
10.30 - 11.00	Coffee – Break			
	WORKSHOP I (continued)			
11.00 - 11.30	C	D	A	B
11.30 - 12.00	D	A	B	C
12.00 - 13.00	WORKSHOP II Sacral plexus blocks (subgluteal, politeal blocks, distal blocks)			
Instructors	A. Delbos US	T. Paraskevopoulos US	E. Antonopoulou Landmarks NS	N. Noulas Landmarks NS
	Station 1 Sciatic nerve Subgluteal approach Politeal, Distal blocks of the lower limp	Station 2 Sciatic nerve Subgluteal approach, Politeal , Distal blocks of the lower limp	Station 3 Sciatic nerve block, Politeal, Distal blocks of the lower limp	Station 4 Sciatic nerve block, , Politeal, Distal blocks of the lower limp
12.00 – 12.30	A	B	C	D
12.30 – 13.00	B	C	D	A
13.00 – 14.00	Lunch Break			
14.00 - 15.00	WORKSHOP II (continued) Sacral plexus blocks (subgluteal, politeal blocks, distal blocks)			
14.00 – 14.30	C	D	A	B
14.30 – 15.00	D	A	B	C
15.00 – 16.00	WORKSHOP III Blocks of the Abdominall Wall, TAP Block – Ilioinguinal, Iliohypogastric Nerve			
Instructors	A. Delbos	T. Paraskevopoulos	P.Papacharalambus	E. Mastrokosta
	Station 1 US technique	Station 2 US technique	Station 3 Landmarks on live model / US	Station 4 Landmarks on live model
15.00 – 15.30	A	B	C	D
15.30 – 16.00	C	D	A	B

Sunday 02/02/2014

8.45 – 09.00	Lecture theatre			
09.00 – 10.30	WORKSHOP IV Local Anaesthetic Toxicity Management Coordinator E. Argyra			
09.00 – 09.25	Briefing	K. Theodoraki		
09.25 – 10.00	Clinical Scenarios	All		
10.00 – 10.30	Debriefing	E. Moka		
10.30 – 11.00	Coffee – Break			
11.00 -11.30	Caudal Block P. Mammi			
11.00 – 13.00	WORKSHOP V Regional Anaesthesia in children (live models using US) Coordinator : P. Mammi			
Instructors	D. Zacharopoulos	E. Garini	E. Karkala	G. Noutsos
	Station 1 Upper limb blocks	Station 2 Blocks of the Lower limp and trunk	Station 3 Upper limb blocks	Station 4 Blocks of the Lower limp and trunk
11.30 – 12.15	A	B	C	D
12.15 – 13.00	C	D	A	B
13.00 – 14.00	Multiple choice Questions Test			