



European Society of Regional Anaesthesia **HELLAS**

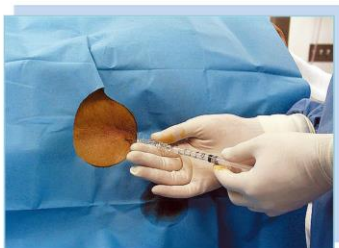
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Annual Regional Anaesthesia (RA) Hands – On Clinical Workshops

9th CYCLE, 2016 – 2017

Part I: 25 – 27 November 2016

Part II: 27 – 29 January 2017



INFO

ESRA Hellas Workshops (Part I & II) are recognized by **EDRA Diploma Board** as a prerequisite for the participation in EDRA Diploma Examination (Part I & Part II).

They are accredited with **24 CME Credits** by the **Panhellenic Medical Association** and are recognized by the **National Drug Organization (EOF)**.

Organization → ESRA Hellas

<http://www.esrahellas.gr>

INFORMATION – PREREGISTRATIONS

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RA Hands – On Clinical Workshop

Organization: ESRA Hellas Directory Board

9th Cycle: 2016 – 2017

- Accreditation with 24 CME Credits by the Panhellenic Medical Association
- Recognized as a Prerequisite towards Exams for EDRA Diploma
- Recognized by Greek National Drugs Organization (EOF)

PART I

25 – 27 November 2016, Aretaieion University Hospital, Athens, Greece

Friday 25.11.2016

15.00 – 15.30	Venue – Registrations Small Auditorium (Lecture Hall – Aretaieion University Hospital) LECTURES	
15.30 – 15.50	Regional Anaesthesia: Education & EDRA Diploma	E. Argyra
15.50 – 16.20	Basic Elements of Anatomy for Regional Anaesthesia	E. Stavropoulou
16.20 – 16.40	Safety and Comfort of Patients undergoing RA	E. Argyra
16.40 – 17.10	Local Anaesthetics: Pharmacokinetics – Pharmacodynamics	E. Moka
17.10 – 17.40	Coffee Break	
17.40 – 18.05	Basics of Neurostimulation (N/S)	A. Makris
18.05 – 18.30	Basics of Ultrasounds (US)	P. Narchi
18.30 – 19.00	Subarachnoid Anaesthesia in Everyday Clinical Practice New Data – Interactive Discussion	Ch. Staikou
19.00 – 19.30	Epidural and CSE Anaesthesia - Analgesia How, Where and When? Interactive Discussion	A. Tsaroucha

Saturday 26.11.2016

08.45 – 09.00	Venue: Small Auditorium (Lecture Hall) – Aretaieion University Hospital – All Groups			
09.00 – 10.45	<u>CLINICAL WORKSHOP I: Workstations & Groups</u> Identification of Basic Anatomic Structures with Ultrasounds Practice on Phantoms, Anatomical Preparations, Live Model			
Instructors	Ultrasonography Group A. Delbos, A. Makris, P. Papacharalambous, V. Fyntanidou			
Workstations (25min/Workstation)	<u>Workstation 1</u> Live Model A. Delbos	<u>Workstation 2</u> Phantom Torso P. Papacharalambous	<u>Workstation 3</u> Anatomical Preparation V. Fyntanidou	<u>Workstation 4</u> Phantom A. Makris
Working Groups	A	B	C	D
	B	C	D	A
	C	D	A	B
	D	A	B	C
10.45 – 11.15	Coffee Break			
11.15 – 11.45	<u>LECTURE: Auditorium – All Groups</u> Anatomy of Brachial Plexus (3D Demonstration)			A. Delbos
11.45 – 13.15	<u>CLINICAL WORKSHOP II: Workstations & Groups</u> Upper Limb Peripheral Nerve Blocks			
Instructors	<u>Workstation 1</u> P. Narchi	<u>Workstation 2</u> A. Delbos	<u>Workstation 3</u> Z. Gambopoulou	<u>Workstation 4</u> V. Fyntanidou
Workstations (45 min/Workstation)	Brachial Plexus Identification with US (interscalene, supraclavicular, infraclavicular PNBs)	Brachial Plexus Identification with US (axillary, elbow, forearm, wrist level PNBs)	Interscalene, Supraclavicular & Infraclavicular PNBs with N/S	Axillary, Elbow, Forearm & wrist level PNBs with N/S
11.45 – 12.30	A	B	C	D
12.30 – 13.15	B	C	D	A
13.15 – 14.00	Lunch Break			
14.00 – 15.30	<u>CLINICAL WORKSHOP II: Workstations & Groups</u> Upper Limb Peripheral Nerve Blocks – Continued			
14.00 – 14.45	C	D	A	B
14.45 – 15.30	D	A	B	C
15.30 – 16.00	<u>LECTURE: Auditorium – All Groups</u> Thoracic Paravertebral Block (Thoracic PVB): Anatomy, Indications, Contraindications, Complications			P. Narchi
16.00 – 17.00	<u>CLINICAL WORKSHOP III: Workstations & Groups</u> Thoracic Paravertebral Block (Thoracic PVB)			
Instructors	P. Narchi	A. Makris	E. Argyra	L. Baltatzi
Workstations (30 min/Workstation)	<u>Workstation 1</u> US Identification	<u>Workstation 2</u> US Identification	<u>Workstation 3</u> Landmarks & Block Technique	<u>Workstation 4</u> Landmarks & Block Technique
16.00 – 16.30	A	B	C	D
16.30 – 17.00	C	D	A	B

Sunday 27.11.2016

08.45 – 09.00	Venue: Small Auditorium (Lecture Hall) – Aretaieion University Hospital – All Groups			
	LECTURE: Auditorium – All Groups			
09.00 – 09.30	Regional Techniques & Chronic Pain			F. Kremastinou
09.30 – 10.30	<u>CLINICAL WORKSHOP IV</u> <i>Intercostal Nerve Blocks (ICBs)</i> <i>Anatomy, Block Techniques, US Identification, Indications, Contraindications, Complications</i>		<u>CLINICAL WORKSHOP V</u> <i>Suprascapular – Occipital Nerve Blocks</i> <i>Anatomy, Block Techniques, Indications, Contraindications, Complications</i>	
Instructors	E. Kouroukli	E. Stavropoulou	A. Karra	F. Kremastinou
Workstations (30min/workstation)	<u>Workstation 1</u> Clinical Demonstration Landmarks US Application	<u>Workstation 2</u> Clinical Demonstration Landmarks US Application	<u>Workstation 3</u> Clinical Demonstration & Landmarks	<u>Workstation 4</u> Clinical Demonstration & Landmarks
09.30 – 10.00	A	B	C	D
10.00 – 10.30	C	D	A	B
10.30 – 11.00	Coffee Break			
	LECTURES: Auditorium – All Groups			
11.00 – 11.30	Continuous Peripheral Nerve Blocks for Postoperative Analgesia: When & How?			A. Mela
11.30 – 12.00	Adjuvant Drugs in Peripheral Nerve Blocks			M. Kalogridaki
12.00 – 13.00	<u>CLINICAL WORKSHOP VI: Workstations & Groups</u> <i>Superficial & Deep Cervical Plexus Blocks</i> <i>Anatomy, Block Techniques, US Identification, Indications, Contraindications, Complications</i>			
Instructors	A. Makris	E. Stavropoulou	E. Gliatis	E. Lykoudi
Workstations (30min/Workstation)	<u>Workstation 1</u> Clinical Practice with US	<u>Workstation 2</u> Clinical Practice with US	<u>Workstation 3</u> Clinical Demonstration & Landmarks on Live Model	<u>Workstation 4</u> Clinical Demonstration & Landmarks on Live Model
12.00 – 12.30	A	B	C	D
12.30 – 13.00	C	D	A	B
13.00 – 13.45	<u>CLINICAL WORKSHOP VII: Workstations & Groups</u> <i>PEC'S Block & Serratus Plane Block</i>			
Instructors	A. Rantis		A. Andreou	
Workstations (45min/Workstation)	<u>Workstation 1</u> Clinical Practice with US		<u>Workstation 2</u> Clinical Practice with US	
Groups	A + B		C + D	