



European Society of Regional Anaesthesia **HELLAS**

<http://www.esrahellas.gr>

ANNUAL HANDS – ON REGIONAL ANAESTHESIA WORKSHOPS **10th CYCLE, 2017** **Part I: 20 – 22 October 2017** **Part II: 17 – 19 November 2017**



INFO

The Annual ESRA Hellas Workshops are recognized by the **EDRA Board** as one of the prerequisites towards the **EDRA Diploma Exams**.

They are accredited with **32 CME Credits** by the **Panhellenic Medical Association**.

They are also recognized by the **National Drug Organization (EOF)** of Greece.

ORGANIZATION → ESRA Hellas
<http://www.esrahellas.gr>

INFORMATION – PREREGISTRATION

ESRA Hellas Secretariat
Mrs Eva Vlamopoulou
Anaesthesiologists Office
Areataieion University Hospital
Athens, Greece
Monday – Friday: 09.00 – 14.00
Telephone & Fax: +30 210 7286169
Cell Phone: +30 6984506866



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Τηλ & Fax: +30 210 7286169

Κινητό: +30 6984 506866

Email: anais@aretaieio.uoa.gr
eargyra@med.uoa.gr

RA Hands – On Clinical Workshop

10th Cycle: 2017

- Accreditation with 32 CME Credits by the Panhellenic Medical Association
- Recognized as a Prerequisite towards Exams for EDRA Diploma
- Recognized by Greek National Drugs Organization (EOF)

PART I

20 – 22 October 2017, Small Auditorium
Aretaieion University Hospital, Athens, Greece

Organizing – Scientific Committee

President – Coordinator

E. Argyra

Members

E. Antonopoulou

A. Makris

E. Moka

M. Rekatsina

I. Siafaka

E. Stavropoulou

K. Theodoraki

Friday 20.10.2017

15.00 – 15.30	<i>Venue – Registrations</i> <i>Small Auditorium (Lecture Hall – Aretaieion University Hospital)</i> <i>LECTURES</i>	
15.30 – 16.00	Welcome – Introduction	I. Siafaka E. Argyra (through Skype)
16.00 – 16.30	Regional Anaesthesia: Education & EDRA Diploma	E. Moka
16.30 – 17.00	Basic Elements of Anatomy for Regional Anaesthesia	E. Stavropoulou
17.00 – 17.30	Local Anaesthetics: Pharmacokinetics – Pharmacodynamics	E. Moka
17.30 – 18.00	Adjuvant Drugs & Peripheral Nerve Blocks	A. Delbos
18.00 – 18.15	<i>Coffee Break</i>	
18.15 – 18.30	Basics of Neurostimulation (N/S)	A. Makris
18.30 – 18.45	Basics of Ultrasounds (US)	T. Paraskevopoulos
18.45 – 19.15	Subarachnoid Anaesthesia in Everyday Clinical Practice. New Data – Interactive Discussion	Ch. Staikou
19.15 – 19.45	Epidural and CSE Anaesthesia – Analgesia How, Where and When? Interactive Discussion	A. Tsaroucha

Saturday 21.10.2017

08.45 – 09.00	Venue: Small Auditorium (Lecture Hall) – Aretaieion University Hospital – All Groups			
09.00 – 10.45	<u>CLINICAL WORKSHOP I: Workstations & Groups</u> Identification of Basic Anatomic Structures with Ultrasounds Practice on Phantoms, Anatomical Preparations, Live Model			
Instructors	Ultrasonography Group A. Delbos, A. Makris, P. Papacharalambous, B. Fyntanidou			
Workstations (25 min/Workstation)	<u>Workstation 1</u> Live Model A. Delbos	<u>Workstation 2</u> Phantom Torso P. Papacharalambous	<u>Workstation 3</u> Anatomical Preparation B. Fyntanidou	<u>Workstation 4</u> Phantom A. Makris
Working Groups	A	B	C	D
	B	C	D	A
	C	D	A	B
	D	A	B	C
10.45 – 11.15	Coffee Break			
11.15 – 11.45	<u>LECTURE: Auditorium – All Groups</u> Anatomy of Brachial Plexus (3D Demonstration)			A. Delbos
11.45 – 13.15	<u>CLINICAL WORKSHOP II: Workstations & Groups</u> Upper Limb Peripheral Nerve Blocks			
Instructors	<u>Workstation 1</u> A. Delbos	<u>Workstation 2</u> T. Paraskevopoulos	<u>Workstation 3</u> P. Trantzas	<u>Workstation 4</u> B. Fyntanidou
Workstations (45 min/Workstation)	Brachial Plexus Identification with US (interscalene, supraclavicular, infraclavicular PNBs)	Brachial Plexus Identification with US (axillary, elbow forearm, wrist level PNBs)	Interscalene, Supraclavicular & Infraclavicular PNBs with N/S	Axillary, Elbow, Forearm & wrist level PNBs with N/S
11.45 – 12.30	A	B	C	D
12.30 – 13.15	B	C	D	A
13.15 – 14.00	Lunch Break			
14.00 – 15.30	<u>CLINICAL WORKSHOP II: Workstations & Groups</u> Upper Limb Peripheral Nerve Blocks – continued			
14.00 – 14.45	C	D	A	B
14.45 – 15.30	D	A	B	C
15.30 – 16.00	<u>LECTURE : Auditorium – All Groups</u> Thoracic Paravertebral Block (Thoracic PVB) : Anatomy, Indications, Contraindications, Complications			A. Makris
16.00 – 17.00	<u>CLINICAL WORKSHOP III: Workstations & Groups</u> Thoracic Paravertebral Block (Thoracic PVB)			
Instructors	T. Paraskevopoulos	A. Makris	G. Stamatiou	L. Baltatzi
Workstations (30 min/Workstation)	<u>Workstation 1</u> US Identification	<u>Workstation 2</u> US Identification	<u>Workstation 3</u> Landmarks & Block Technique	<u>Workstation 4</u> Landmarks & Block Technique
16.00 – 16.30	A	B	C	D
16.30 – 17.00	C	D	A	B

Sunday 22.10.2017

08.45 – 09.00	Venue: Small Auditorium (Lecture Hall) – Aretaieion Hospital – All Groups			
09.00 – 10.00	<u>CLINICAL WORKSHOP IV</u> Intercostal Nerve Blocks (ICBs) Anatomy, Block Techniques, US Identification, Indications, Contraindications, Complications		<u>CLINICAL WORKSHOP V</u> Suprascapular – Occipital Nerve Blocks Anatomy, Block Techniques, Indications, Contraindications, Complications	
Instructors	E. Kouroukli	K. Vitoula	A. Karra	F. Kremastinou
Workstations (30min/Workstation)	<u>Workstation 1</u> Clinical Demonstration, Landmarks & US Application	<u>Workstation 2</u> Clinical Demonstration, Landmarks & US Application	<u>Workstation 3</u> Clinical Demonstration & Landmarks	<u>Workstation 4</u> Clinical Demonstration & Landmarks
09.00 – 09.30	A	B	C	D
09.30 – 10.00	C	D	A	B
10.00 – 10.15	Coffee Break			
10.15 – 11.15	<u>CLINICAL WORKSHOP VI: Workstations & Groups</u> Superficial & Deep Cervical Plexus Blocks Anatomy, Block Techniques, US Identification, Indications, Contraindications, Complications			
Instructors	A. Makris	E. Stavropoulou	E. Gliatis	B. Fytanidou
Workstations (30min/Workstation)	<u>Workstation 1</u> Clinical Practice with US	<u>Workstation 1</u> Clinical Practice with US	<u>Workstation 1</u> Clinical Demonstration & Landmarks on live Model	<u>Workstation 1</u> Clinical Demonstration & Landmarks on live Model
10.15 – 10.45	A	B	C	D
10.45 – 11.15	C	D	A	B
11.15 – 12.00	<u>CLINICAL WORKSHOP VII: Workstations & Groups</u> PECS Block & Serratus Anterior Plane Block			
Instructors	A. Rantis		A. Andreou	
Workstations (45 min/Workstation)	<u>Workstation 1</u> Clinical Practice with US		<u>Workstation 2</u> Clinical Practice with US	
Groups	A + B		C + D	
12.00 – 12.30	Coffee Break – Snack			
12.30 – 15.00	<u>CLINICAL WORKSHOP VIII: Auditorium (All Groups)</u> Regional Anaesthesia & Fluid Management			
12.30 – 12.45	Introduction		I. Sifaka	
12.45 – 13.15	Briefing		K. Theodoraki	
13.15 – 13.45	Clinical Scenario I (Obstetrics)		A.Tsaroucha	
13.45 – 14.15	Clinical Scenario II (Abd. Aorta Aneurysm Repair)		K. Theodoraki	
14.15 – 14.45	Debriefing		E. Moka	
14.45 – 15.00	Questions – Comments – Discussion		Instructors – Participants	

Faculty List (Instructors, Lecturers, Organizers)

Andreou A, MD, PhD, Consultant Anaesthesiologist, Anaesthesiology Department, 251 Air Force General Hospital, (251 GNA), Athens, Greece

Antonopoulou E, MD, PhD, EDRA, ESRA Hellas Board Member, Senior Consultant Anaesthesiologist, Coordinator - Director of Anaesthesiology Department, General Hospital of Xanthi, Xanthi, Greece

Argyra E, MD, PhD, EDRA, EDRA Board Member, ESRA Hellas President, Professor of Anaesthesiology, A' Anaesthesiology Clinic, Pain Relief & Palliative Care Unit, Aretaieion University Hospital, National & Kapodistrian University of Athens, Athens, Greece

Baltatzi L, MD, PhD, Senior Consultant Anaesthesiologist, Director NHS, Anaesthesiology Department, "Konstandinopouleio" General Hospital of Nea Ionia "Agia Olga", Athens, Greece

Delbos A, MD, PhD, Senior Consultant Anaesthesiologist, ESRA President, Clinique Medipole Garone, Toulouse, France

Fyntanidou B, MD, PhD, Consultant Anaesthesiologist, Anaesthesiology Clinic & Intensive Care Unit, University of Thessaloniki, Peripheral General Hospital "AHEPA", Thessaloniki, Greece

Gkliatis E, MD, Consultant Anaesthesiologist, Anaesthesiology Department, Children's General Hospital, «Agia Sofia», Athens, Greece

Karra A, MD, Consultant Anaesthesiologist, «YGEIA Hospital», Athens, Greece

Kouroukli E, MD, PhD, FIPP, Senior Consultant Anaesthesiologist, Director NHS, Anaesthesiology Department, General Hospital of Athens "Ippokrateio", Athens, Greece

Kremastinou F, MD, PhD, Senior Consultant Anaesthesiologist, Director NHS, Anaesthesiology Department, General Hospital of Athens "Ippokrateio", Athens, Greece

Makris A, MD, PhD, MSc, EDRA, ESRA Hellas Board Member, Senior Consultant Anaesthesiologist, Anaesthesiology Department, General Hospital of Athens "Askлипieio - Voula", Athens, Greece

Moka E, MD, PhD, MSc, EDRA, ESRA & EDRA Board Member, ESRA Hellas General Secretary, Senior Consultant Anaesthesiologist, Head of Anaesthesiology Department, Private Hospital «Creta InterClinic», Heraklion, Crete, Greece

Papacharalambous P, MD, PhD, Consultant Anaesthesiologist, Fellow of B' Surgical, University of Athens, A' Anaesthesiology Clinic, Pain Relief & Palliative Care Unit, "Aretaieion" University Hospital, National & Kapodistrian University of Athens, Athens, Greece

Paraskevopoulos T, MD, PhD, Consultant Anaesthesiologist, Anaesthesiology Department - Pain Centre, General Hospital of Attiki "KAT", Athens, Greece

Rantis A, MD, PhD, Consultant Anaesthesiologist, Anaesthesiology Department 251 Air Force General Hospital (251 GNA), Athens, Greece

Rekatsina M, MD, Anaesthesiology Resident, ESRA Hellas Board Member, Greek Residents & Trainees Representative in ESA & ESRA, A' Anaesthesiology Clinic, Pain Relief & Palliative Care Unit, "Aretaieion" University Hospital, National & Kapodistrian University of Athens, Athens, Greece

Siafaka I, MD, PhD, ESRA Hellas Vice - President, Vice - President of PARHSYA, Professor of Anaesthesiology & Pain Therapy, Head of A' Anaesthesiology Clinic, Pain Relief & Palliative Care Unit, "Aretaieion" University Hospital, National & Kapodistrian University of Athens, Athens, Greece

Staikou Ch, MD, PhD, DESA, Associate Professor of Anaesthesiology, A' Anaesthesiology Clinic, Pain Relief & Palliative Care Unit, "Aretaieion" University Hospital, National & Kapodistrian University of Athens, Athens, Greece

Stamatiou G, MD, PhD, Assistant Professor of Anaesthesiology, University of Thessaly, Head of Anaesthesiology Department, Private Hospital IASO, Larissa, Greece

Stavropoulou E, MD, PhD, EDRA, ESRA Hellas Treasurer, Senior Consultant Anaesthesiologist, Director NHS, Anaesthesiology Department - Pain Centre, General Hospital of Attiki "KAT", Athens, Greece

Theodoraki K, MD, PhD, DEAA, ESRA Councilor, ESRA Hellas Specific Affairs Secretary, Associate Professor of Anaesthesiology, A' Anaesthesiology Clinic, Pain Relief & Palliative Care Unit, "Aretaieion" University Hospital, National & Kapodistrian University of Athens, Athens, Greece

Trantzas P, MD, Consultant Anaesthesiologist, Anaesthesiology Department, General Hospital of Attiki "KAT", Athens, Greece

Tsaroucha A, MD, PhD, Assistant Professor of Anaesthesiology, A' Anaesthesiology Clinic, Pain Relief & Palliative Care Unit, "Aretaieion" University Hospital, National & Kapodistrian University of Athens, Athens, Greece

Vitoula K, MD, Consultant Anaesthesiologist, Anaesthesiology Department, General Hospital of Attiki "KAT", Athens, Greece