



European Society of Regional Anaesthesia **HELLAS**

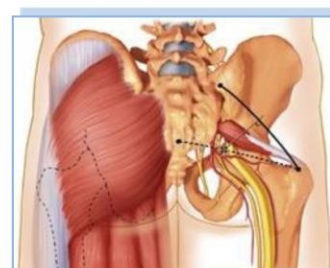
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ANNUAL HANDS – ON REGIONAL ANAESTHESIA WORKSHOPS

10th CYCLE, 2017

Part I: 20 – 22 October 2017

Part II: 17 – 19 November 2017



INFO

The Annual ESRA Hellas Workshops are recognized by the **EDRA Board** as one of the prerequisites towards the **EDRA Diploma Exams**.

They are accredited with **32 CME Credits** by the **Panhellenic Medical Association**.

They are also recognized by the **National Drug Organization (EOF)** of Greece.

ORGANIZATION → ESRA Hellas

<http://www.esrahellas.gr>

INFORMATION – PREREGISTRATION

ESRA Hellas Secretariat

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Athens, Greece

Monday – Friday: 09.00 – 14.00

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ANNUAL REGIONAL ANAESTHESIA (RA) **Hands – On Clinical Workshops**

10th Cycle: 2017

- Accreditation with 32 CME Credits by the Panhellenic Medical Association
- Recognized by Greek National Drug Organization (EOF)
- Recognized as a Prerequisite towards Exams for EDRA Diploma

PART II

17 – 19 November 2017, Small Auditorium
Aretaieio University Hospital, Athens, GREECE

Organizing & Scientific Committee

President – Coordinator

Argyra E

Members

Antonopoulou E

Makris A

Moka E

Rekatsina M

Siafaka I

Stavropoulou E

Theodoraki K

Friday 17.11.2017

15.00 – 15.30	<i>Venue – Registrations</i> <i>Small Auditorium (Lecture Hall – Aretaieion University Hospital)</i>	
	LECTURES	
15.30 – 16.00	Applied Statistics in Regional Anaesthesia	K. Theodoraki
16.00 – 16.30	Regional Anaesthesia in Obstetrics	I. Siafaka
16.30 – 17.00	Regional Anaesthesia in Cardiovascular Patients: Interactive Discussion of Clinical Cases	A. Bairaktari
17.00 – 17.30	Regional Anaesthesia/Analgesia in the Emergency Room (ER): Interactive Discussion of Clinical Cases	E. Chrona
17.30 – 18.00	<i>Coffee Break</i>	
18.00 – 18.30	Regional Anaesthesia and Anticoagulation	G. Kritharidou
18.30 – 19.00	Continuous Peripheral Nerve Blocks for Postoperative Analgesia: When & How?	A. Mela
19.00 – 19.30	Neurological Complications of Peripheral Nerve Blocks	A. Douma
19.30 – 20.00	Regional Anaesthesia in the Elderly Population	Y. Gurkan

08.45 – 09.00	Venue – Small Auditorium Aretaieion University Hospital – All Groups			
09.00 – 09.30	Lecture : Auditorium – All Groups Anatomy of Lower Limbs Nerves & Plexuses			Y. Gurkan
09.30 – 10.50	CLINICAL WORKSHOP I: Workstations and Groups Lower Limbs Nerve Blocks (Lumbar Plexus)			
Instructors	Y. Gurkan	A. Douma	M. Diakomi	M. Varveri
	Identification with Ultrasounds (US)		Clinical Demonstration, Neurostimulation (N/S)	
Workstations Clinical Practice on Live Model (40 min/station)	Workstation 1 Blockade of Lumbar Plexus, Fascia Iliaca, Femoral Nerve, Obturator Nerve & Adductor Canal	Workstation 2 Blockade of Femoral Nerve, Saphenous Nerve and Lower Limb Peripheral Nerves	Workstation 3 Blockade of Fascia Iliaca, Femoral Nerve, Obturator Nerve and Saphenous Nerve	Workstation 4 Blockade of Saphenous Nerve and Lower Limb Peripheral Nerves
09.30 – 10.10	A	B	C	D
10.10 – 10.50	B	C	D	A
10.50 – 11.15	Coffee Break			
11.15 – 12.35	CLINICAL WORKSHOP I: Workstations and Groups Lower Limbs Nerve Blocks (Lumbar Plexus) – continued			
11.15 – 11.55	C	D	A	B
11.55 – 12.35	D	A	B	C
12.35 – 13.55	CLINICAL WORKSHOP II: Workstations and Groups Lower Limbs Nerve Blocks (Sacral – Lumbosacral Plexus)			
Instructors	Y. Gukran US	A. Douma US	E. Antonopoulou Landmarks – N/S	A. Andreou & A. Rantis Landmarks – N/S
Workstations Clinical Practice on Live Model (40 min/station)	Workstation 1 Sciatic Nerve Block (classical & subgluteal approach, other approaches)	Workstation 2 Popliteal Nerve Block & Lower Limb Peripheral Nerves Block	Workstation 3 Sciatic Nerve Block (classical & subgluteal approach, other approaches) & Popliteal Nerve Block	Workstation 4 Lumbar Plexus & Psoas Compartment Block
12.35 – 13.15	A	B	C	D
13.15 – 13.55	B	C	D	A
13.55 – 14.30	Lunch Break			
14.30 – 15.50	CLINICAL WORKSHOP II: Workstations & Groups Lower Limbs Nerve Blocks (Sacral – Lumbosacral Plexus) – continued			
14.30 – 15.10	C	D	A	B
15.10 – 15.50	D	A	B	C
16.00 – 17.00	CLINICAL WORKSHOP III TAP Block – Rectus Sheath Block		CLINICAL WORKSHOP IV Intravenous Regional Anaesthesia (IVRA)	
Instructors	M. Stamelos	P. Papacharalambous	P. Zavridis	N. Fyrfiris
	Workstation 1 US Identification	Workstation 2 US Identification	Workstation 3 Clinical Demonstration Block Technique	Workstation 4 Clinical Demonstration Block Technique
16.00 – 16.30	A	B	C	D
16.30 – 17.00	C	D	A	B

Sunday 19.11.2017

08.45 – 09.00	Venue – Small Auditorium, Aretaieion University Hospital, Athens – All Groups			
09.00 – 11.00	<u>CLINICAL WORKSHOP V – Auditorium (All Groups)</u> Local Anaesthetics Toxicity (LAST) : Simulation of Crisis Coordination : I. Siafaka Instructors : K. Theodoraki, E. Moka			
09.00 – 09.25	Briefing		K. Theodoraki	
09.25 – 10.35	Clinical Scenaria		2 Clinical Scenaria All Instructors / Televoting	
10.35 – 11.00	Debriefing – Questions & Comments		E. Moka	
11.00 – 11.30	Coffee Break			
11.30 – 12.00	LECTURE : Auditorium – All Groups Peripheral Nerve Blocks & Chronic Pain		F. Kremastinou	
12.00 – 12.30	LECTURE : Auditorium – All Groups Caudal Block		A. Karafotia	
12.30 – 14.00	<u>CLINICAL WORKSHOP VI</u> Hands on Practice : Peripheral Nerve Blocks in children Coordination : P. Mammi			
12.30 – 14.00	Clinical Practice on Paedriatic Live Models with Ultrasound Application			
Instructors	E. Garini, M. Gliatis, D. Zacharopoulos, G. Noutsos			
Workstations Clinical Practice on Paediatric Live Models 45min/station	Workstation 1 Upper Limb Peripheral Nerve Blocks	Workstation 2 Upper Limb Peripheral Nerve Blocks	Workstation 3 Trunk & Lower Limb Peripheral Nerve Blocks	Workstation 4 Trunk & Lower Limb Peripheral Nerve Blocks
12.30 – 13.15	A	B	C	D
13.15 – 14.00	C	D	A	B
14.00 – 15.30	Self - Examination			

Faculty List [Instructors – Lecturers – Organizers]

Andreou A, MD, PhD, Consultant Anaesthesiologist, Anaesthesiology Department, 251 Air Force General Hospital, (251 GNA), Athens, Greece

Antonopoulou E, MD, PhD, EDRA, ESRA Hellas Board Member, Senior Consultant Anaesthesiologist, Coordinator - Director of Anaesthesiology Department, General Hospital of Xanthi, Xanthi, Greece

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Kritharidou G, MD, Senior Consultant Anaesthesiologist, Director NHS, Anaesthesiology Department - Pain Centre, General Hospital of Attiki "KAT", Athens, Greece

Makris A, MD, PhD, MSc, EDRA, ESRA Hellas Board Member, Senior Consultant Anaesthesiologist, Anaesthesiology Department, General Hospital of Athens "Asklepieio - Voula", Athens, Greece

Mammi P, MD, PhD, Senior Consultant Paediatric Anaesthesiologist, Former Director – Coordinator of Anaesthesiology Department, Children’s General Hospital «Agia Sophia», Athens, Greece

Mela A, MD, PhD, Senior Consultant Anaesthesiologist, Head – Coordinator of Anaesthesiology Department, «General Hospital Asklepieio Voulas», Athens, Greece

Moka E, MD, PhD, MSc, EDRA, ESRA & EDRA Board Member, ESRA Hellas General Secretary, Senior Consultant Anaesthesiologist, Head of Anaesthesiology Department, «Creta InterClinic» Private Hospital, Heraklion, Crete, Greece

Noutsos G, MD, Senior Consultant Anaesthesiologist, Director NHS, Anaesthesiology Department, Children’s General Hospital «Agia Sophia», Athens, Greece

Papacharalambous P, MD, PhD, Consultant Anaesthesiologist, Fellow of B' Surgical , University of Athens, A' Anaesthesiology Clinic, Pain Relief & Palliative Care Unit, "Areteiaion" University Hospital, National & Kapodistrian University of Athens, Athens, Greece

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Rekatsina M, MD, MSc, Anaesthesiology Resident, ESRA Hellas Board Member, Greek Residents & Trainees Representative in ESA & ESRA, A' Anaesthesiology Clinic, Pain Relief & Palliative Care Unit, "Areteiaion" University Hospital, National & Kapodistrian University of Athens, Athens, Greece

Siafaka I, MD, PhD, ESRA Hellas Vice - President, Vice - President of PARHSYA, Professor of Anaesthesiology & Pain Therapy, Head of A' Anaesthesiology Clinic, Pain Relief & Palliative Care Unit, "Areteiaion" University Hospital, National & Kapodistrian University of Athens, Athens, Greece

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Zacharopoulos D, MD, Senior Consultant Anaesthesiologist, Director NHS, Anaesthesiology Department, Children’s General Hospital «Agia Sophia», Athens, Greece

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