



European Society of Regional Anaesthesia **HELLAS**

<http://www.esrahellas.gr>

ANNUAL HANDS – ON REGIONAL ANAESTHESIA WORKSHOPS

7TH CYCLE, 2015 – 2016

Part I: 11 – 13 December 2015

Part II: 05 – 07 February 2016



INFO

The **ESRA Hellas Workshops (Part I & II)** are recognized by the **EDRA Diploma Board** as a prerequisite for your participation in the exams for the EDRA Diploma.

They have been accredited with **25 CME Credits** by the **Panhellenic Medical Association** and are also recognized by the **National Drug Association (EOF)**.

Organization → ESRA Hellas

<http://www.esrahellas.gr>

Information – Registrations

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REGIONAL ANAESTHESIA (RA) HANDS – ON WORKSHOP

7th Cycle 2015 – 2016

Awarded with 25 CME credits (Part I and II)

Accepted as a prerequisite for the EDRA Diploma

Εγκριμένο από τον ΕΟΦ

PART II

5, 6, 7 February 2016

Aretaieion University Hospital Athens, Greece

Friday 05/02/2016

15.00 – 15.30	Venue – Registrations	
15.30 – 16.00	Regional Anaesthesia in Obstetrics	I. Sifaka
16.00 – 16.30	Regional Anaesthesia in Cardiovascular Patients Interactive Discussion of Clinical Cases	A. Bairaktari
16.30 – 17.00	Regional Anaesthesia in Emergency Room (ER) Interactive Discussion of Clinical Cases	E. Chrona
17.00 – 17.30	Regional Anaesthesia in Elderly Patients	D. Papadopoulos
17.30 – 18.00	Coffee Break	
18.00 – 18.30	Continuous PNBs for Postoperative analgesia: When & How?	A. Mela
18.30 – 19.00	Neurologic Complications of Peripheral Nerve Blocks	A. Douma
19.00 – 19.30	Applied Statistics in Regional Anaesthesia	K. Theodoraki

Saturday 06/02/2016

08.45 – 09.00	Venue – Lecture Hall			
09.00 – 09.30	Lecture Hall – All Groups Anatomy of Nerves & Plexuses of Lower Limb (3D Demonstration)			A. Delbos
09.30 – 12.30	CLINICAL WORKSHOP I Lower Limb Peripheral Nerve Blocks			
Instructors	A. Delbos	A. Douma	E. Antonopoulou	D. Papadopoulos
	U/S Demonstration		Clinical Demonstrations – N/S	
	Workstation 1 Femoral, Fascia Iliaca, Obturator, Adductor canal blocks	Workstation 2 Saphenous and distal nerve blocks	Workstation 3 Fascia Iliaca, femoral, obturator, saphenous nerve blocks	Workstation 4 Distal PNBs of lower limb
09.30 – 10.10	A	B	C	D
10.10 – 10.50	B	C	D	A
10.50 – 11.10	Coffee Break			
11.10 – 12.30	CLINICAL WORKSHOP I (continued)			
11.10 – 11.50	C	D	A	B
11.50 – 12.30	D	A	B	C
12.30 – 14.00	CLINICAL WORKSHOP II Sacral plexus blocks (sciatic nerve block – proximal approaches, popliteal block, distal blocks)			
Instructors	A. Delbos US	A. Douma US	E. Antonopoulou Landmarks, N/S	A. Andreou, A. Rantis Landmarks, N/S
	Workstation 1 Practice on a Live Model Sciatic nerve block (classic posterior, subgluteal, Popliteal, other approaches)	Workstation 2 Practice on a Live Model Popliteal fossa and Distal blocks	Workstation 3 Classic posterior, subgluteal approaches, popliteal fossa nerve blocks	Workstation 4 Lumbosacral Plexus Block Psoas compartment block
12.30 – 13.10	A	B	C	D
13.10 – 13.50	B	C	D	A
13.50 – 14.40	Lunch Break			
14.40 – 16.00	CLINICAL WORKSHOP II (continued) Sacral plexus blocks (sciatic nerve block – proximal approaches, popliteal block, distal blocks)			
14.40 – 15.20	C	D	A	B
15.20 – 16.00	D	A	B	C
16.00 – 17.00	CLINICAL WORKSHOP III Anterior Abdominal Wall Nerve Blocks TAP Block – Ilioinguinal – Iliohypogastric Nerve Blocks			
Instructors	A. Douma	P. Papacharalambous	A. Andreou, A. Rantis	E. Mastrokosta
	Workstation 1 Identification with US	Workstation 2 Identification with US	Workstation 3 Clinical Demonstration - Landmarks	Workstation 4 Clinical Demonstration Landmarks
16.00 – 16.30	A	B	C	D
16.30 – 17.00	C	D	A	B

Sunday 07/02/2016

08.45 – 09.00	Venue – Lecture Hall			
09.00 – 10.30	CLINICAL WORKSHOP IV Local Anaesthetics Systemic Toxicity (LAST): Simulation of Crisis & Management Coordinator : E. Argyra Instructors : K. Theodoraki, E. Moka, A. Tsaroucha			
09.00 – 09.25	Briefing	K. Theodoraki		
09.25 – 10.35	Clinical Scenaria	All		
10.35 – 11.00	Debriefing	E. Moka		
11.00 – 11.30	Coffee Break			
11.30 – 13.30	CLINICAL WORKSHOP V Hands – On Clinical Practice : Peripheral Nerve Blocks in the Paediatric Population Coordinator : P. Mammi			
11.30 – 12.00	Caudal Block	P. Mammi		
12.00 – 13.30	Clinical Practice on Paediatric Live Models with U/S Application			
Instructors	D. Zacharopoulos	D. Oikonomopoulos	E. Garini	G. Noutsos
	Workstation 1 Upper Limb Blocks	Workstation 2 Upper Limb Blocks	Workstation 3 Trunk & Lower Limb Blocks	Workstation 4 Trunk & Lower Limb Blocks
12.00 – 12.45	A	B	C	D
12.45 – 13.30	C	D	A	B
13.30 – 14.30	Self – Examination			