



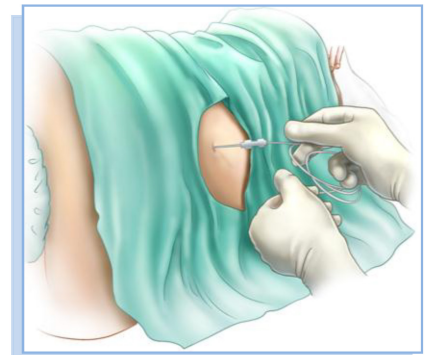
European Society of Regional Anaesthesia **HELLAS**

<http://www.esrahellas.gr>

1st ONE – DAY REGIONAL ANAESTHESIA WORKSHOP **(Hands – On Workshop)**

UNIVERSITY HOSPITAL OF IOANNINA, GREECE

SATURDAY, 23rd JUNE 2012



ORGANIZATION

- ESRA Hellas Directory Board
- Anaesthesiology Clinic of Ioannina University Hospital, Greece
(Head of Department: Professor G. Papadopoulos)

RESPONSIBLE FOR ORGANIZATION

Erifili Argyra

Associate Professor of Anaesthesiology, University of Athens, Greece

Eleni Arnaoutoglou

Assistant Professor of Anaesthesiology, University of Ioannina, Greece

1^o HANDS ON ONE DAY **WORKSHOP OF REGIONAL ANAESTHESIA**

University Hospital of Ioannina
Saturday 23/6/2012

Organized by

ESRA- Hellas Board

Anaesthesiology Clinic, University of Ioannina

Director: Prof G. Papadopoulos

Persons in charge : ***E. Argyra, E. Arnaoutogou***

Instructors: ***E. Antonopoulou Director of Anaesthesiology MD, EDRA***

E. Arnaoutoglou Assist. Prof. of Anaesthesiology

E. Argyra Assoc. Prof. of Anaesthesiology

Th. Saranteas Lecturer of Anaesthesiology

G. Stamatiou Assist. Professor Anaesthesiology

P. Souvatzoglou Staff Anaesthesiologist

Information :

ESRA Hellas secretariat : E. Vlamopoulou tel : 210-7286169

email: info@esrahellas.gr

Anaesthesiology Clinic of the University of Ioannina: E. Arnaoutoglou

7.45-8.00	Registration		
8.00-8.15	Wellcome		
8.15 - 8.40	Education in Regional Anaesthesia - European Diploma in RA (EDRA)	E. Argyra	
8.40 - 9.00	Principals of peripheral Nerve Stimulation	E. Arnaoutoglou	
9.00 – 9.20	Principals of ultrasound-assisted Regional Anaesthesia	Th. Saranteas	
9.20-10.30	Hands on Workshop I -Identification of basic structures by ultrasounds		
Instructors	Th. Saranteas	R. Souvatzoglou	
	Station 1 Identification by ultrasounds. Practice on live models	Station 2 Identification by ultrasounds Practice on phantoms	
	A	B	
	B	A	
10.30–11.00	Coffee – Break		
11.00–12.30	Hands on Workshop II – Upper limb nervous blocks		
Instructors	Th. Saranteas	G. Stamatiou	E. Antonopoulou
	Station 1 Brachial Plexus identification using ultrasounds	Station 2 Interscalene – Supraclavicular – subclavicular block Landmarks NS	Station 3 Axillary block and Nerve Blocks at the elbow, forearm and hand Landmarks NS
	A	B	C
	B	C	A
	C	A	B
12.30–14.00	Hands on Workshop III - Trunk Blocks. Land marks, Ultrasounds		
Instructors	Th. Saranteas	E. Argyra	G. Stamatiou
	Station 1 US guided identification of Epidural and Paravertebral space, TAP block on live models	Station 2 Paravertebral Thoracic and lumbar block, Landmarks, Technique NS	Station 3 Abdominal wall blocks Anatomy, Landmarks technique
	A	B	C
	B	C	A
	C	A	B
14.00-14.30	Lunch		

14.30-16.00	<i>Hands on Workshop IV - Lower limb nervous blocks</i>		
Instructors	Th. Saranteas	E. Antonopoulou	G. Stamatiou
	Station 1 Ultrasound-guided femoral and sciatic nerve block on live models	Station 2 Femoral, Sciatic landmarks technique NS on live models	Station 3 Ankle foot block: Landmarks-Technique NS
	A	B	C
	B	C	A
	C	A	B