

**16th PANHELLENIC CONGRESS OF REGIONAL ANAESTHESIA,
PAIN MANAGEMENT & PALLIATIVE CARE
October 1-4, 2015, Kavala, Greece**

PRELIMINARY SCIENTIFIC PROGRAMME

Thursday, October 1st, 2015		
	Hall I	Hall II
11.00-12.00	Registration	Oral Presentations III
12.00-14.00	Oral Presentations I Chairs: Pel. Chloropoulou, A. Vachlioti, A. Loukeri	
14.00-16.00	Oral Presentations II Chairs: V. Fyntanidou, S. Kyriakoulakos, N. Zaimi	
16.00-17.00	Round Table I Novel therapies: are they the future in pain management? Chairs: E. Arnaoutakis, B. Kiamiloglou, A. Spyridonidou Pipelines: a pool of new drugs for pain management Ch. Karanastasi Dexmetomidine: clinical applications in Regional Anaesthesia, Pain and Palliative Care Pan. Chloropoulou New slow release local anaesthetic compounds M. Diakomi	
17.00-17.30	Coffee break – Visit to the Exhibition area	
17.30-19.00	Round Table II Pain management in special conditions Chairs: T. Lefaki, E. Ketikidou, O. Panagiotidou Pain management in the ER I. Lykoudi Pain and Obesity Aik. Tsirogianni Diffuse musculoskeletal pain K. Chouchouli Commentators: A. Kaperda, N. Veliki	
19.00-19.30	Lecture Chairs: Aik. Amaniti, S. Ntouvli, E. Antonopoulou Treatment of neuropathic pain; Interventional treatment options S. Erdine	

19.30-20.00	Lecture Chairs: V. Kalfakakou, M. Gouliami, Th. Demesticha Pain Genetics: Pathway to personalized pain management I. Belfer	
20.00-20.30	Opening Ceremony Chairs: I. Siafaka, E. Alexopoulou-Vrachnou Opening Lecture Welcome Addresses	
20.30-22.30	Welcome Dinner	

Friday October 2 nd , 2015		
	Hall I	Hall II
08.00-09.00	Oral Presentations IV Chairs: M. Maragianni, M. Mardikian, I. Stavrou	08.00-11.00 Workshop I ESRA HELLAS Fluid management in Regional Anaesthesia Co-ordinator: E. Argyra
09.00-09.30	Lecture Chairs: E. Arnaoutoglou, Ch. Michaloliakou, A. Andreou New technologies in pain management: deep electromagnetic stimulation G. Papadopoulos	
09.30-10.30	Round Table III Headache and Migraine: a clinical challenge Chairs: D. Vassilakos, Th. Vogiatzaki, K. Kastrinaki Pathophysiology of headache and migraine D.D. Mitsikostas Cefaly: a new field in preventing and treating headache and migraine K.E. Karageorgiou	
10.30-11.00	Lecture Chairs: A. Trikoupi, R. Rouchota, Aik. Lampropoulou Oxycodone: the Greek experience S. Pouloupoulou	
11.00-11.30	Coffee Break – Visit to the Exhibition area	
11.30-12.00	Lecture Chairs: E. Anastasiou, I. Kouroukli, A. Petsiti Complications of Interventional Pain Procedures S. Erdine	
12.00-12.30	Satellite Lecture Chairs: Ch. Iatrou, A. Pavlaku The use of tapentadol for acute and chronic pain E. Stavropoulou <i>With the Kind Sponsorship of CANA</i>	
12.30-13.00	Satellite Lecture Chairs: G. Georgakopoulos, A. Bairaktari The use of denosumab for pain relief in bone metastases TBA <i>With the Kind Sponsorship of AMGEN</i>	
13.00-13.30	Lecture Chairs: G. Papadopoulos, A. Kolotoura, G.	

	Frantzeskos Breakthrough pain: evaluation and management F. Kremastinou	
13.30-14.30	Satellite Symposium Public awareness on Pain and Palliative Care Chairs: G. Varrassi, I. Siafaka, G. Anastasiadou <i>With the Kind Sponsorship of TEVA</i>	
14.30-15.30	Light Lunch Break – Visit to the Exhibition Area	14.30-16.30 Workshop II Palliative Care in patients with Chronic Diseases Co-ordinators: M. Ammari, S. Pouloupoulou, G. Vassilopoulou Cardiac Insufficiency M. Kokolaki Renal Insufficiency V. Tsirtsiridou Respiratory Insufficiency G. Konstantopoulou Chronic Neurological Diseases E. Chrona
15.30-17.00	Round Table IV Pain in the Elderly Chairs: M. Zotou, D. Moumtzi, S. Boufidis Chronic Pain and neurodegenerative process P. Papakonstantinou Pain in elderly patients: the neurologist's point of view E. Papageorgiou Elderly patients with chronic pain and opioids D. Diplas Commentators: E. Karanika, L. Palialexi	
17.00-17.30	Coffee Break – Visit to the Exhibition Area	
17.30-18.00	Satellite Lecture Chairs: E. Koutsopoulou, A. Manataki, Our. Panagopoulou Old drugs, always new! E. Vrachnou <i>With the Kind Sponsorship of VIANEX</i>	

18.00-19.30	Satellite Symposium <i>With the Kind Sponsorship of ASTELLAS</i>	
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Saturday October 3 rd , 2015		
	Hall I	Hall II
08.00-09.00	Oral Presentations V Chairs: I. Papageorgiou, F. Konstantaki, N. Fyrfiris	08.00-11.00 Workshop III Alternative Therapies - Ozonotherapy
09.00-10.30	Round Table V Regional Anaesthesia and Perioperative Outcome Chairs: A. Mela, Ch. Chantzi Thoracic and abdominal procedures (central blocks – blocks of the anterior abdominal wall) K. Theodoraki Peripheral nerve blocks in orthopaedic procedures E. Antonopoulou Safety protocols in patients under Regional Anaesthesia A. Makris Adjuvant analgesics: myths and reality T. Paraskevopoulos Commentators: Z. Gampopoulou, P. Theodosiadis	
10.30-11.00	Lecture Chairs: E. Argyra, E. Moka, R. Souvatzoglou Failed spinals: why? A. Borgeat	
11.00-11.30	Coffee break – Visit to the Exhibition Area	11.00-12.30 Workshop IV Vascular access in the oncology patient Co-ordinators: E. Konstantinou – Th. Katsoulas
11.30-12.00	Satellite Lecture Chairs: E. Papadopoulou, P. Galanou, G. Papakitsos Lidocaine 5% skin patch: a solution to many problems I. Kouroukli <i>With the Kind Sponsorship of VIANEX</i>	
12.00-12.30	Lecture Chairs: A. Vadalouca, K. Kokkinis, D. Sarriou Practical aspects for the diagnosis and treatment of pain in patients with cancer K. Vissers	
12.30-14.00	Satellite Symposium Greek Neuropathic Pain Registry	

	Chairs: A. Vadalouca, I. Siafaka, E. Alexopoulou-Vrachnou Pain Registries: are they necessary? The Greek Registry <i>With the Kind Sponsorship of της PFIZER</i>	
14.00-15.00	Light Lunch Break – Visit to the Exhibition area	14.00-16.00 Interactive discussion: the future of the Scientific Societies of Regional Anaesthesia: Education and Research Co-ordinators: E. Argyra – G. Stamatiou ESRA Hellas: future perspectives – Greek Registry of Regional Anaesthesia E. Argyra – E. Moka ESRA Europe: ESRA Diploma. Current status and future perspectives A. Borgeat
15.00-16.30	Round Table VI Social justice, dignity and Palliative Care Chairs: S. Anisoglou, K. Panagiotaki, E. Theodorou Bioethics and End of Life Care A. Kantianis End of Life Care: words or drugs? P. Kamperi Should the patient know the truth? A. Chatzidimitriou Commentators: Th. Georgiadou, N. Bernali	ESRA HELLAS General Assembly
16.30-18.00	Round Table VII Pain of child and mother: current views Chairs: P. Mammi, E. Kalliardou, E. Goutsomitrou Prevention of incidence of chronic pain in children A. Malissiova Paediatric pain: old and new drugs E. Garini Chronic Headache and Backache following obstetric	

	Regional Anaesthesia S. Hatzilia Commentators: A. Tsaroucha, Ch. Bratzou	
18.00-18.30	Closing Session	
21.00	Congress Dinner – Awards	