ESRA HELLAS

ΠΑΡΗΣΥ·Α

1st POCUS SEMINAR

POINT OF CARE ULTRASOUND in Everyday Clinical Practice



SATURDAY
5 DECEMBER 2026

START
09.00
END
18.00

CONTINUING MEDICAL EDUCATION CREDITS WILL BE PROVIDED

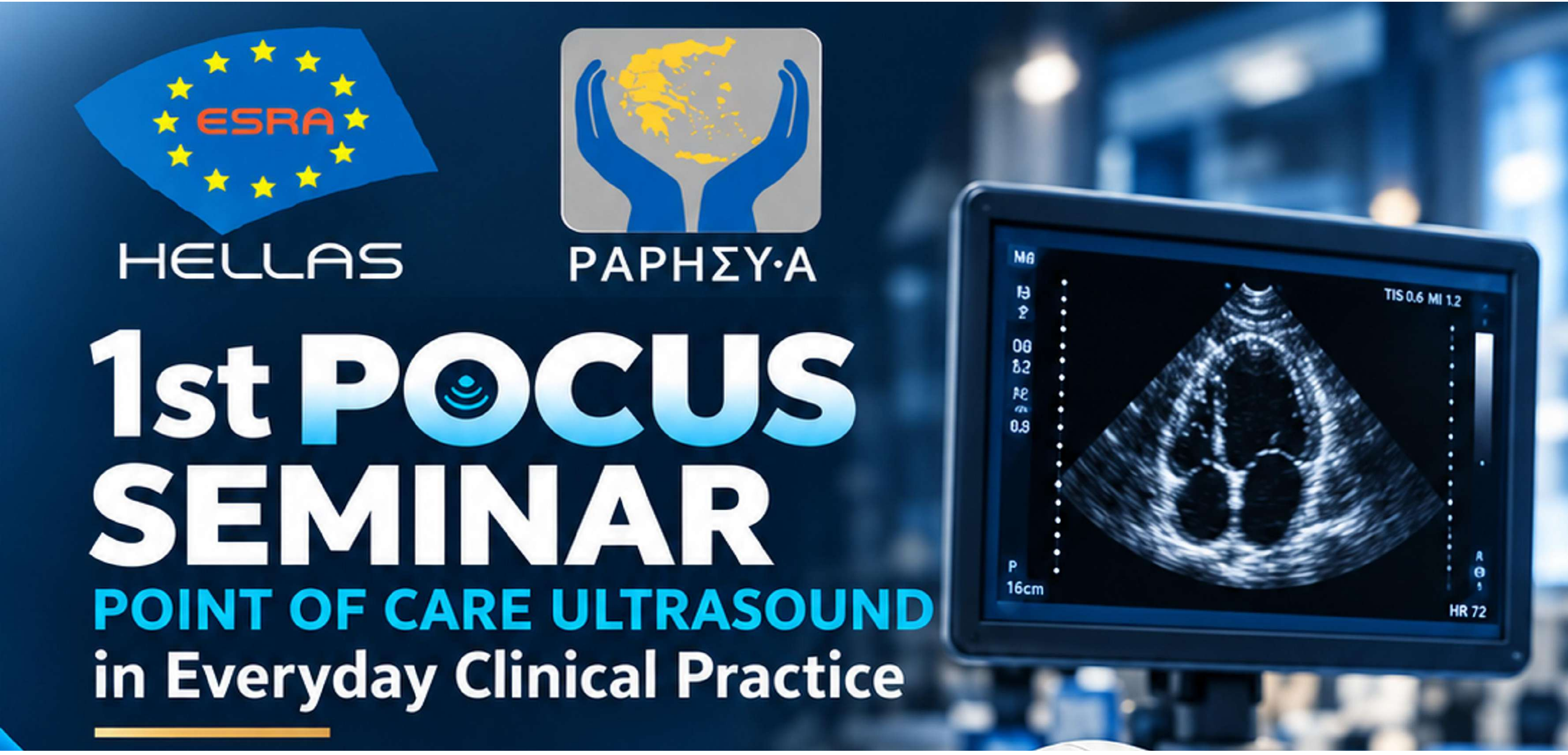
REGISTRATION BY EMAIL

INFO@ESRAHELLAS.GR

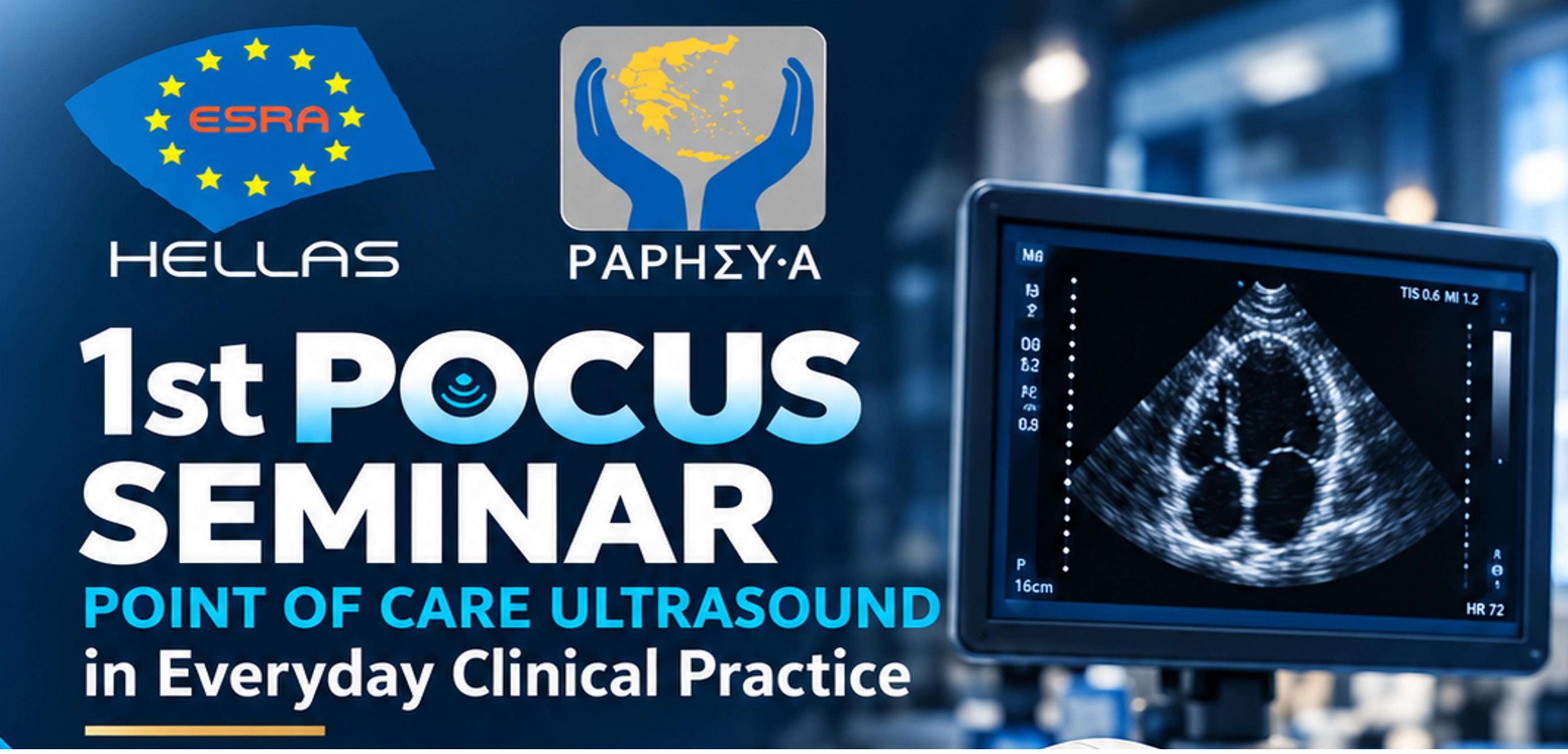
REGISTRATION IS ON A FIRST-COME, FIRST-SERVED BASIS

VENUE
AUDITORIUM, GENERAL HOSPITAL OF NEA IONIA "KONSTANTOPOULEIO – PATISION"

Scan Learn Improve



09.00 – 09.30	**Venue – Arrivals - Registrations**	
09.30 – 10.00	**Welcome Messages & Addressings** Stavropoulou E. – On behalf of ESRA Hellas Vadalouca A. – On behalf of PARHSYA Lykoudi E. – On behalf of the Anaesthesia Department	
THEORETICAL PART		
10.00 – 10.25	**POCUS: From U/S image to clinical decision** Where, when and how to use POCUS in daily clinical practice	Alevrogianni F.
10.25 – 10.50	**POCUS: From clinical questioning to obtaining the right U/S image** Basic principles, U/S image optimization	Stavropoulou E.
10.50 – 11.00	**Q&A – Discussion**	
11.00 – 11.30	**COFFEE BREAK**	



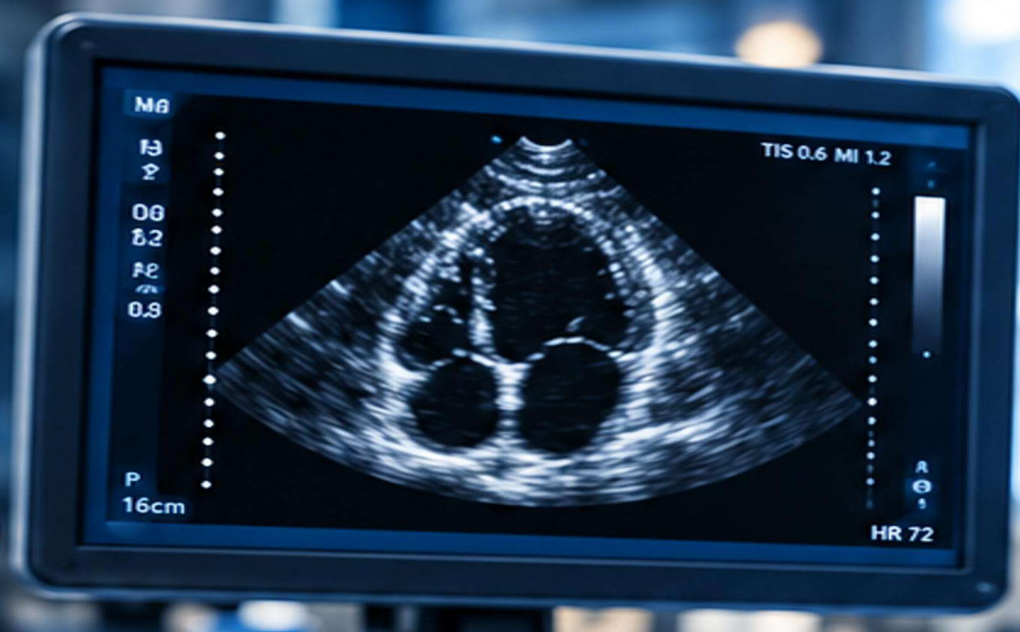
11.30 – 12.00	**POCUS & SHOCK: The haemodynamically unstable patient** *Fluid responsiveness, fluid tolerance and haemodynamic status evaluation*	TBA
12.00 – 12.30	**POCUS IN THE PERIOPERATIVE SETTING** Airway, Diaphragm and Fasting status evaluation	Bareka M.
12.30 – 13.00	**POCUS GUIDELINES: WHAT'S NEW**	Koneti K.
13.00 – 14.00	**LUNVH BREAK**	

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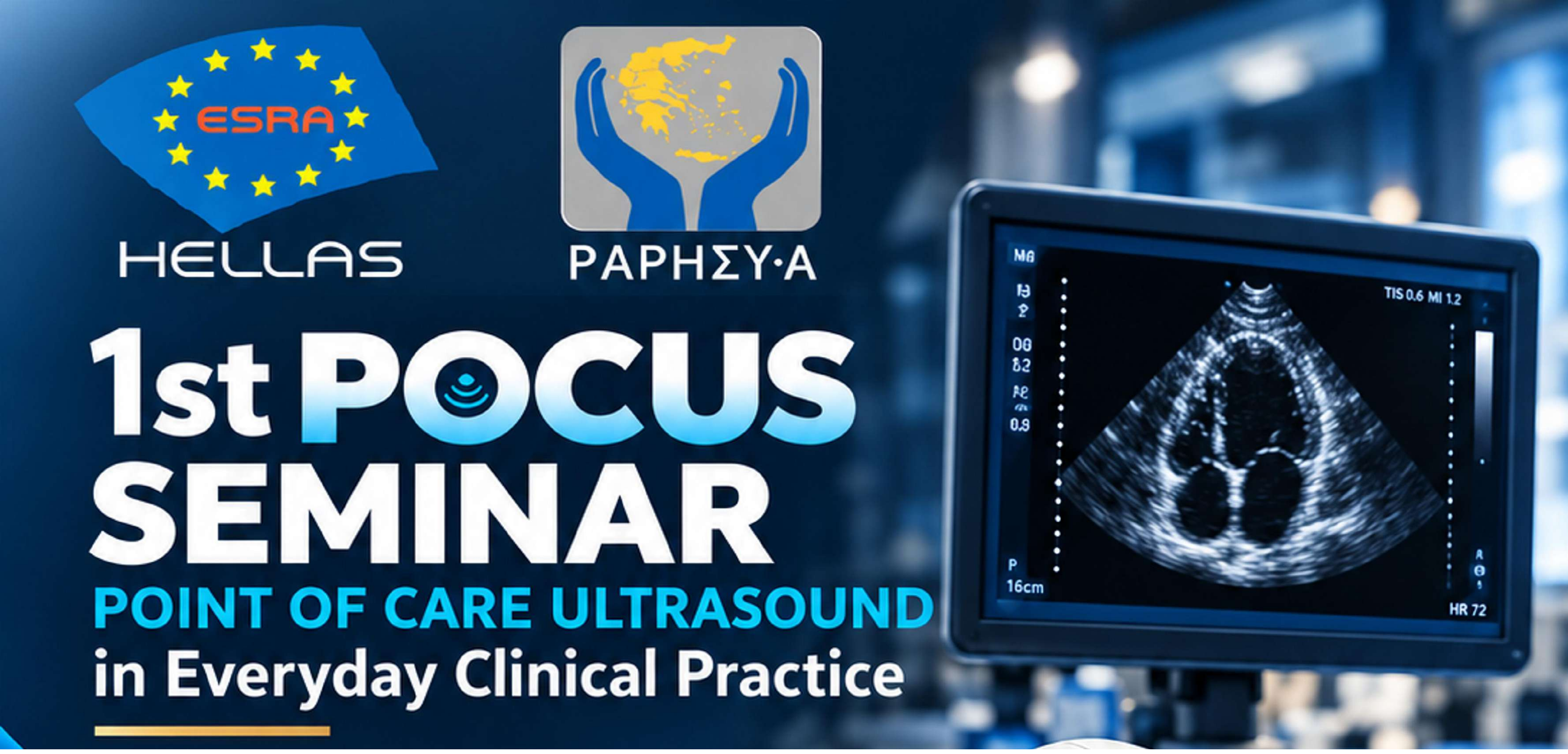


HANDS ON CLINICAL WORKSHOP

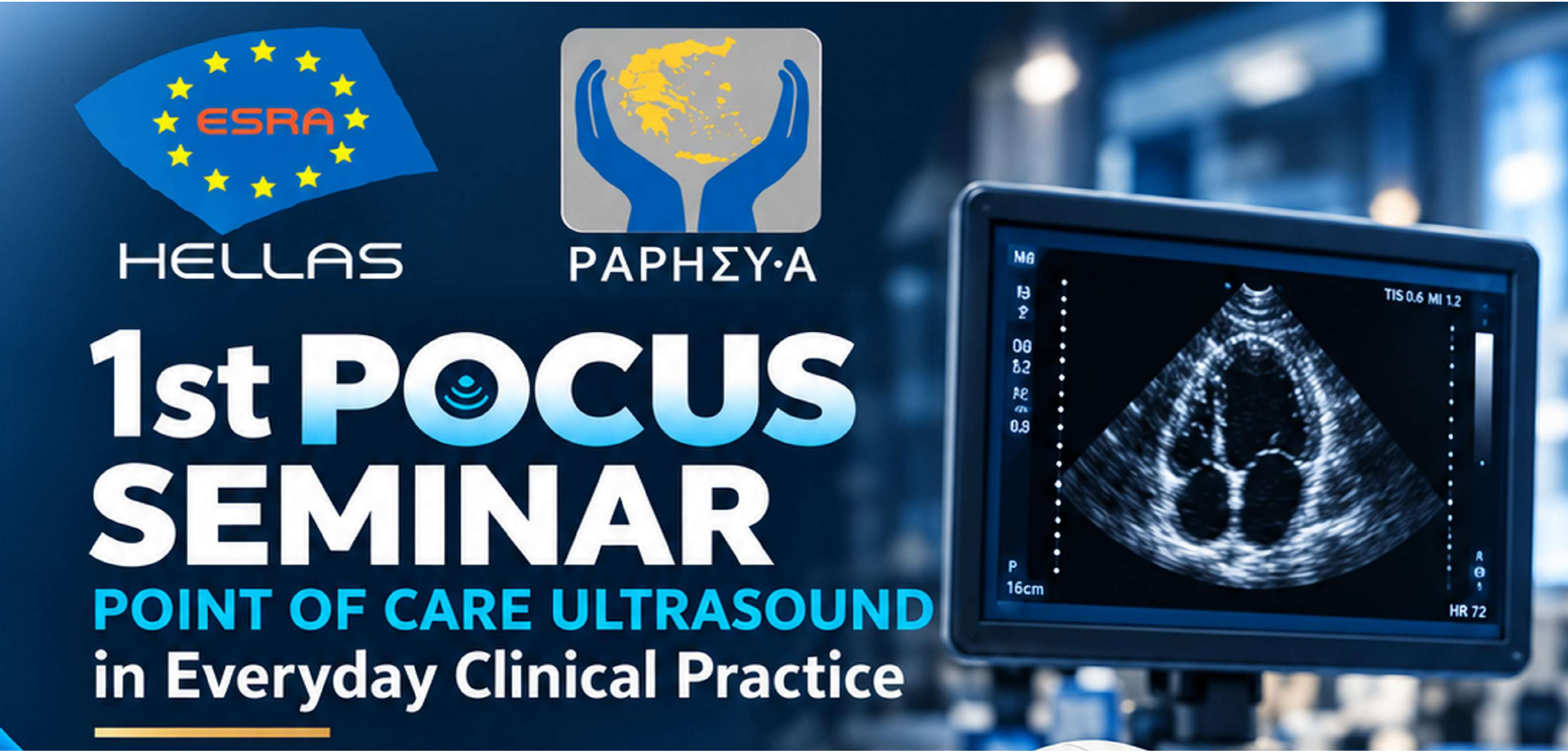
Workshop stations (6-8 participants/station, 30’ practice)

Time	WS 1 Airway	WS 2 Lung	WS 3 Heart	WS 4 Gastric	WS 5 FAST	WS 6 IVC / DVT
Εκπαιδευτές	Alevrogianni F.	Stavropoulou E.	Kouki P.	Moka E.	Tsoumani M.	Vitoula K.
14.00 – 14.30	Group A	Group B	Group C	Group D	Group E	Group F
14.30 – 15.00	Group F	Group A	Group B	Group C	Group D	Group E
15.00 -15.30	Group E	Group F	Group A	Group B	Group C	Group D
15.30 – 16.00	**COFFEE BREAK**					
16.00 – 16.30	Group D	Group E	Group F	Group A	Group B	Group C
16.30 – 17.00	Group C	Group D	Group E	Group F	Group A	Group B
17.00 – 17.30	Group B	Group C	Group D	Group E	Group F	Group A

17.30 - 18.00	**END OF WORKSHOP – DISCUSSION - CONCLUSIONS**



SPEAKERS - DEMONSTRATORS



LEARN MORE ABOUT OUR EDUCATIONAL ACTIVITIES

Thank you for participating in our workshop.

For additional educational material, training opportunities, and information about our scientific activities, please visit our websites:

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https://www.esrahellas.gr/en/

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https://grpalliative.gr/